

PENILAIAN KUALITAS HIDUP PASIEN STROKE SELAMA MENJALANI PERAWATAN *HOLISTIC* DI RS PKU MUHAMMADIYAH GAMPING

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ABSTRAK

Latar belakang: Rumah sakit membutuhkan perbaikan besar untuk meningkatkan pelayanan kesehatan secara keseluruhan. Salah satunya adalah layanan *holistic* pada penderita stroke. Rumah sakit Muhammadiyah telah menggunakan layanan *Holistic Health Care* namun sampai saat ini belum ada hasil penelitian yang menguji manfaat *Holistic Health Care* terhadap perbaikan kualitas hidup pada pasien stroke iskemik. Sehingga dibutuhkan skala pengukuran kualitas hidup pasien stroke untuk mendapatkan kesembuhan.

Tujuan: Menganalisis Penilaian kualitas hidup pasien stroke selama perawatan *holistic* di RS PKU Muhammadiyah Gamping.

Metode: Menggunakan Non-Eksperimen dengan pendekatan *Evaluation design*. Pengambilan sampel dengan *purposive sampling* berjumlah 36 responden, pengumpulan data menggunakan kuisioner kualitas hidup pasien stroke (*HRQOLISP-40*) selama 1 bulan. Uji statistik menggunakan *paired sample T-test*, penyajian hasil analisa data dalam penelitian ini adalah analisa univariat dan analisa bivariate.

Hasil: Hasil penelitian ini menunjukkan bahwa terjadi peningkatan kualitas hidup pasien stroke yang signifikan, pada saat di lakukan *pretest* 139,75 dan dilakukan *posttest* 144,75. Dengan nilai $P=0.04$.

Kesimpulan: Ada perbedaan kualitas hidup pasien stroke sebelum dan setelah diberi layanan *Holistic Health Care* di RS PKU Muhammadiyah Gamping. Sehingga diharapkan semua pelayanan kesehatan di rumah sakit mampu memberikan layanan yang *holistic* pada pasien.

Kata kunci: Perawatan *Holistic*, Kualitas Hidup, Pasien Stroke

**ASSESSMENT OF THE QUALITY OF LIFE OF STROKE
PATIENTS WHILE UNDERGOING HOLISTIC CARE
IN PKU MUHAMMADIYAH HOSPITAL GAMPING**

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ABSTRACT

Background: Hospitals need big maintenance to increase Health Care serves holistically, one of them is holistic serve on stroke patiens. Muhammadiyah Hospital had applied Holistic Health Care services, but up to now there have been no results research witch tested the benefits of Holistic Health Care of increasing the life quality to ischemic stroke patients. So it is needed scale measurement the stroke life quality of the patients to get cure.

Purpose: Analyzing the quality of life of stroke patients during holistic treatment at PKU Muhammadiyah Gamping Hospital.

Method: Method which is used in this research is Non-Experimental with Evaluation design. It needs 36 respondents to get sampels in purposive sampling. The data collecting applied the questionnaire of life quality of (HRQOLISP-40) for one month. The statistical test which is applied is paired sample T-test, the results of data analysis in this study are univariate analysis and bivariate analysis.

Result: The result of this research shows that there is a significant increase in stroke patients life quality. The score in pretest shows 139.75 and the score in posttest shows 144.75. the statistic result is $P=0.04$.

Conclusion: The research finding shows that there is a difference between stroke patients life quality after and before being given serves of Holistic Health Care in Muhammadiyah PKU Hospital Gamping. So it is hoped that the hospital provides holistic services to patients.

Key words: Holistic Care, life quality, Stroke patients