

DAFTAR PUSTAKA

- Abidin, Muhammad Zainal. *Psikologi Profetik Dalam Kacamata Filsafat Ilmu*. Banjarmasin: IAIN Antasi Press, 2013.
- Abraham H. Maslow. *Motivatin and Personality. Harper and Row*. New York: Harper and Row, 1954.
- Al-Adawiyah, Rabiah. “Penafsiran Al-Alusi Dan M. Quraish Shihab Terhadap Ayat-Ayat Al-Qur'an Tentang Sabar.” Universitas Islam Negeri Sunan Kalijaga Yogyakarta, 2016.
- Al-Hafizh ‘Imaduddin Abui Fida’ Isma’il bin ‘Umar bin Katsir. *Tafsir Ibnu Katsir*. Edited by M. Yusuf Harun. Bogor: Pustaka Imam Asy-Syafi’i, 2004.
- al-Khalediy, Khaled. “Education and Methods of Teaching in Islam in the Era of Az-Zarnooji.” *Al- Majmuk* 23, no. 3–4 (2011): 23–60.
- Anis, Muh, *Tafsir Ayat-Ayat Pendidikan*, penerbit Pustaka Mentari, Yogyakarta, 2012.
- Andreas Christmann, ed. *The Qur'an, Morality and Critical Reason: The Essential Muhammad Shahrur. Social, Economic and Political Studies of the Middle East and Asia*. Leiden: Brill, 2009.
- Anselm Strauss, J. Corbin. *Dasar-Dasar Penelitian Kualitatif*. Yogyakarta: Pustaka Pelajar, 2009.
- Anwar, Mauliddin, Latief Siregar, Hadi Mustofa. *Cahaya, Cinta Dan Canda M. Quraish Shihab*. Jakarta: Lentera Hati, 2015.
- Aoude, Safia. “The Concept of Sabr in Islamic Spiritual Care. Definitions and Contextual Adaptions.” [Https://Www.Academia.Edu/25631939](https://www.academia.edu/25631939) (2016): 1–17.
- Ariska Puspita Anggraini. “Kabar Gembira Indonesia Menjadi Negara Dengan Tingkat Stress Rendah.” [Https://Lifestyle.Kompas.Com/Read/2018/07/18/131911720](https://lifestyle.kompas.com/read/2018/07/18/131911720).
- Armstrong, Karen. *Muhammad : A Prophet for Our Time*. Edited by Yani Liputo. *Eminent Lives Series*. Vol. 4. Bandung: Penerbit Mizan, 2006.
- Azmi, Rahmad. “Hubungan Sabar Dan Salat Dalam Al-Qur'an: Kajian Surah Al-Baqarah Ayat 45 Dan 153.” Universitas Islam Negeri Ar-Raniry, Banda Aceh, 2017.
- Baqi, Muhammad Fu'ad Abdul. *Al Mu'jam Al Mufahros Li Alfadhil Qur'anil Karim*. Kairo Mesir: Dārut Hadiṣ, 1364.
- Bommarito, Nicolas. “Patience and Perspective.” *Philosophy East and*

- West* 64, no. 2 (2014): 269–286.
- Bouhdiba, Abdelwahab. *The Different Aspects of Islamic Culture: The Individual and Society in Islam. The Protection of Minorities*. Perancis: United Nations Educational, Scientific and Cultural Organization (UNESCO), 1998.
- Bremner, Ryan Hanlon. “Theories of Happiness.” 2011.
- Budi Munawar Rahman. *Ensiklopedi Nurcholish Madjid: Pemikiran Islam Di Kanvas Peradaban, Edisi Digital 2*. 1st ed. Jakarta: Paramadina, 2006.
- . *Ensiklopedi Nurcholish Madjid: Pemikiran Islam Di Kanvas Peradaban, Edisi Digital 4*. Jakarta: Paramadina, 2006.
- Bülbül, Ayşe Elişük, and Coşkun Arslan. “Investigation of Patience Tendency Levels in Terms of Self-Determination, Self-Compassion and Personality Features.” *Universal Journal of Educational Research* 5, no. 9 (2017): 1632–1645.
- Bülbül, Ayşe Elişük, and Gökhan Izgar. “Effects of the Patience Training Program on Patience and Well-Being Levels of University Students.” *Journal of Education and Training Studies* 6, no. 1 (2017): 159.
- Cawley, Michael J., James E. Martin, and John A. Johnson. “A Virtues Approach to Personality.” *Personality and Individual Differences* 28, no. 5 (2000): 997–1013.
- Corsini, Kevin D. “Examining the Relationship Between Religious Coping Strategies, Attachment Beliefs and Emotion Regulation.” *ProQuest Dissertations and Theses*. 2009. <https://core.ac.uk/download/pdf/58820681.pdf>.
- Costa, Sebastiano, Patrizia Oliva. “Examining Relationship between Personality Characteristics and Exercise Dependence.” *Review of Psychology* Vol. 19, no. 1 (2012): 5–11. http://mjesec.ffzg.hr/revija.psi/vol_19_no_1_2012/Costa_Oliva_2012_v19-1.pdf.
- Culver, Julian, and Melinda Lundquist Denton. “Religious Attachment and the Sense of Life Purpose among Emerging Adults.” *Religions* 8, no. 12 (December 2017): 274.
- Diponegoro, Ahmad Muhammad. “Memanfaatkan Hermenetika dalam Penelitian Psikologi.” *Humanitas* 4, no. 2 (2007): 124–131.
- Dudley, Kenneth C. “Empirical Development of a Scale of Patience.” *ProQuest Dissertations and Theses*. West Virginia University, 2003. <https://researchrepository.wvu.edu/etd/1920>.

- Eko Endarmoko. *Tesaurus Bahasa Indonesia*. Jakarta: Gramedia Pustaka Utama, 2009.
- el-Aswad, El-Sayed. "Patience in Sunni Muslim Worldviews." *Encyclopedia of Psychology and Religion* (2014): 1318–1321.
- El-Hafiz, Subhan, Ilham Mundzir, Fahrul Rozi, and Lila Pratiwi. "Pergeseran Makna Sabar Dalam Bahasa Indonesia." *Ilmiah Penelitian Psikologi: Kajian Empiris & Non-Empiris* 1, no. 1 (2015): 33–38.
- Ernawati, Siti. "Konsep Sabar Menurut M. Quraish Shihab Dan Hubungannya Dengan Kesehatan Mental." Institut Agama Islam Negeri Walisongo, Semarang, 2009.
- Eysenck, Sybil B. G., P. R. Pearson, G. Easting, and J. F. Allsopp. "Age Norms for Impulsiveness, Venturesomeness and Empathy in Adults." *Personality and Individual Differences* 6, no. 5 (1985): 613–619.
- Fatimah Abdullah. "Teaching Islamic Ethics and Ethical Training : Benefiting From Emotional and Spiritual Intelligence." *International Journal of Humanities and Social Science* 2, no. 3 (2012): 224–232.
- Fayrūzābādī, M. *Al-Qāmūs Al-Muhiṭ*. al-Qāhirah: Dārul Hadīṣ, 1291.
- Fazlur Rahman. *Tema Pokok Al-Qur'an*. Bandung: Pustaka, 1996.
- Firdaus, Slamet. "Konsep Manusia Ideal Dalam Al-Qur'an (Studi Profil Muhsin Dalam Perspektif Ayat-Ayat Ihsan)," 2011.
- Foss, Jessica A, and Sarah A Schnitker. "Spiritual Strivings , Patience , and Well-Being in a Religious Adolescent Sample." <Https://Www.Fuller.Edu/Wp-Content/Uploads/2018/03/Spiritual-Strivings-Patience-and-Well-Being>.
- Francis, David. "Adversity Quotient: Turning Obstacles into Opportunities." *Technovation*. www.thebusinesssource.com, 2000. <http://s3.amazonaws.com/bml/pdf/adversityquotient>.
- Ghazalī, Abū Hāmid al. *Ihya Ulumuddin, Menghidupkan Ilmu-Ilmu Agama*. Cet. II. Medan: Imballo, 1965.
- . *Ihyā Uлūmuddin*. Juz 7. Lajnah Nasr Šaqafah Islāmiyyah, 1356.
- Günther, Sebastian. "Be Masters in That You Teach and Continue to Learn: Medieval Muslim Thinkers on Educational Theory." *Comparative Education Review* 50, no. 3 (2006): 367–388.
- Güss, C. Dominik, Doris Hauth, Franziska Wiltsch, Claus Christian Carbon, Astrid Schütz, and Katrin Wanninger. "Patience in

- Everyday Life: Three Field Studies in France, Germany, and Romania.” *Journal of Cross-Cultural Psychology* 49, no. 3 (2018): 355–380.
- Hadziq, Abdullah. “Psikologi Sufistik Dan Humanistik Studi Pemikiran al-Gazali Dan Abraham Maslow Serta Implikasinya Bagi Pengembangan Pemikiran Psikologi.” Institut Agama Islam Negeri, Sunan Kalijaga, 2004. <http://digilib.uin-suka.ac.id/14440/%255>.
- Hall, Calvin Slavin, and Garner Lindzey. *Psikologi Kepribadian 2, Teori-Teori Holistik (Organismik-Fenomenologis)*. Yogyakarta: Kanisius, 2015.
- Hassan, Mohamed. “A Guide for Caring Muslim Patient.” Turku University, 2013.
- Hussain, Khuram. “An Islamic Consideration of Western Moral Education: An Exploration of the Individual.” *Journal of Moral Education* 36, no. 3 (2007): 297–308.
- Ibn Manzūr, Muhammad ibn Mukarram. “Lisān Al-‘Arab.” Beirut: Dāru Sadir, 1300.
- Ilyas, Yunahar. *Kuliah Ulumul Qur'an*. Cet. III. Yogyakarta: Itqan Publishing, 2014.
- Indra, Pargono Pri. “Sabar Dalam Al-Qur'an Dan Implikasinya Dalam Bimbingan Dan Konseling Islam.” Universitas Islam Negeri Imam Bonjol Padang, 2018.
- Ismail, Suhartini, Urai Hatthakit, and Tippamas Chinawong. “Caring Science within Islamic Contexts: A Literature Review.” *Nurse Media Journal of Nursing* 5, no. 1 (2015): 34.
- Janna Anderson, Lee Raine. “Millennials Will Benefit and Suffer Due to Their Hyperconnected Lives.” <Https://Www.Pewinternet.Org/2012/02/29>.
- Jauziyah, Muhammad Ibn Abī Bakr Ibn Qayyim. *Uddatu Aṣ-Ṣabirin Wa Ṣakirātu Asy-Syakirīn*. Madīnah, Saudi Arabia: Maktabah Dāru al-Ṭuraś, 1989.
- Joshanloo, Mohsen. “A Comparison of Western and Islamic Conceptions of Happiness.” *Journal of Happiness Studies* 14, no. 6 (2013): 1857–1874.
- Joshanloo, Mohsen, and Dan Weijers. *Positive Psychology in the Middle East/North Africa. Positive Psychology in the Middle East/North Africa*. Springer International Publishing, 2019.
- Kastolani, Kastolani. “Internalisasi Nilai-Nilai Tauhid Dalam

- Kesehatan Mental.” *INJECT (Interdisciplinary Journal of Communication)* 1, no. 1 (2016): 1.
- Kelly, Katie, Joseph Merry, Madeline Gonzalez. “Trust, Collaboration and Well-Being: Lessons Learned from Finland.” *Srare Journal* 27, no. 2 (2018): 34–39.
- Khairunnas Rajab. “Al-Maqām Dan Ahwāl Dalam Tasawwuf.” *Jurnal Usuluddin* Bil 25 (2007): 1–28.
- Khodayarifard, Mohammad, Bagher Ghobari-Bonab, Saeed Akbari-Zardkhaneh, Saeid Zandi, Mariam Derakhshan. “Positive Psychology from Islamic Perspective.” *International Journal of Behavioral Sciences* 10, no. 2 (2016): 77–83.
- Khoynezhad, Gholamreza, Ali Reza Rajaei, and Ahmad Sarvarazemy. “Basic Religious Beliefs and Personality Traits.” *Iranian Journal of Psychiatry* 7, no. 2 (2012): 82–86.
- Kim, Jeong Han, Phillip Keck, Deborah Miller, and Rene Gonzalez. “Introduction to Positive Psychology: Overview and Controversies.” *Journal of Asia Pacific Counseling* 2, no. 1 (2012): 45–60.
- Kola, Aina Jacob, and Ogundele Alexander Gbenga. “The Effectiveness of Teachers in Finland: Lessons for the Nigerian Teachers.” *American Journal of Social Sciences* 3, no. 5 (2015): 142–148.
- Laili, Nafisah Nur. “Makna Sabar Dalam Al-Qur’ān (Studi Atas Kisah Nabi Yusuf Dalam Sūrah Yūsuf).” Institut Agama Islam Negeri Surakarta, 2018.
- Linley, P. Alex, and Stephen Joseph. *Positive Psychology in Practice. Positive Psychology in Practice*. United States of America: Wiley, 2012.
- Listari. “Konsep Pendidikan Sabar Perspektif Al-Qur’ān: Surat Al-Anfal Ayat 46,65, Dan 66.” Sekolah Tinggi Agama Islam Negeri Salatiga, 2006.
- Lynn Wilcox. *Criticism of Islam Psychology*. Yogyakarta: IRCiSoD, 2013.
- Madjid, Nurcholish. *Islam: Doktrin Dan Peradaban*. Cet. IV. Jakarta: Penerbit Paramadina, 1999.
- Makkī, Abū Thālib al. *Qūt Al-Qu'lūb*. www.al-mostafa.com, 2017.
- Marzband, Rahmatollah, Seyed Hamzeh Hosseini, and Zeinab Hamzehgardeshi. “A Concept Analysis of Spiritual Care Based on Islamic Sources.” *Religions* 7, no. 6 (2016): 61.

- Mattila, J. "Philosophy as a Path to Happiness: Attainment of Happiness in Arabic Peripatetic and Ismaili Philosophy." 2011.
- Moltafet, Ghavam, Mohammed Mazidi, and Somayeh Sadati. "Personality Traits, Religious Orientation and Happiness." *Procedia - Social and Behavioral Sciences* 9 (2010): 63–69.
- Muhammad Zaid, Malik. "Importance of Physical Fitness in the Light of Seerat E Tayyibah." *Jihat al-Islam* 4, no. 1 (2010): 7–20.
- Mujib, Abdul. *Teori Kepribadian Perspektif Psikologi Islam*. Cet. 2. Vol. 2. Jakarta: Rajawali Press, 2017.
- Munawwir, Ahmad Warson. *Kamus Munawwir*. Surabaya: Pustaka Progressif, 1997.
- Musah, Mohammed. "The Culture of Individualism and Collectivism in Balancing Accountability and Innovation in Education: An Islamic Perspective." *OIDA International Journal of Sustainable Development* 2, no. 8 (2011): 69–76.
- Najatī, Muhammad Uşman. *Psikologi Qur'ānī*. Surakarta: Aulia Press Solo, 2008.
- Nasr, Syed Husain. *Islam: Religion, History, and Civilization. Choice Reviews Online*. Vol. 41. New York: HarperCollins, 2003.
- Nawawi, Rifat Syauqi. *Kepribadian Qur'ani*. Jakarta: Amzah, 2011.
- Nofal, Nabil. "Al-Gazāli." *Prospects : the quarterly review of comparative education, Paris, UNESCO: International Bureau of Education* Vol. xxiii, no. 3–4 (1993): 519–542.
- Nugraheni, Rizka Fitri , Subhan El Hafiz, Fahrul Rozi. "Hubungan antara Kesabaran dan Academic Self Efficacy pada Mahasiswa." *Jurnal Ilmiah Penelitian Psikologi: Kajian Empiris & Non-Empiris (JIPP)* Vol. 2, no. 2 (2016): 15–23.
- Nuri Kamaliyah, and Irwan Nuryana Kurniawan. "Hubungan Antara Kesabaran Dengan Memakai Dalam Pernikahan." *Universitas Islam Indonesia, Yogyakarta*. (2008): 25.
- Oliver Leaman. *The Qur'ān : An Encyclopedia*. Cet. 1. New York: Taylor and Francis, 2006.
- Olson, Matthew H., and B.R. Hargenhahn. *Pengantar Teori Kepribadian Edisi Ke-8*. Yogyakarta: Pustaka Pelajar, 2013.
- Park, Nansook, Christopher Peterson, and Martin E.P. Seligman. "Strengths of Character and Well-Being." *Journal of Social and Clinical Psychology* 23, no. 5 (2004): 603–619.
- Patricia A. Barnes. "A Neuro Developmental View of Impulsivity." 23–37. Washington: American Psychological Association, 1993.

- Pour, A. R. M, and N Mongashti. "Education of Patience in the Social Relations in the Quran" Vol. 30, no. 1 (2014): 335–338. <http://waliaj.com/wp-content/2014/Special Issue 1, 2014/58 2014-30-S1-pp.335-338.pdf>.
- Qardawi, Yusuf. *Al-Qur'an Menyuruh Kita Sabar*. Jakarta: Gema Insani Press, 1989.
- . *Al-Šabru Fī Al-Qur'ān*. Al-Qāhirah: Maktabah Wahbah, 1989.
- Rachmahana, Ratna Syifa'a. "Psikologi Humanistik dan Aplikasinya dalam Pendidikan." *el-Tarbawi* 1, no. 1 (2008): 99–114.
- Rahardjo, M. Dawam. *Ensiklopedi Al-Qur'ān: Tafsir Sosial Berdasarkan Konsep Konsep Kunci*. Jakarta: Paramadina, 2002.
- Raiya, Hisham Abu, Kenneth Pargament, Annette Mahoney, and Catherine Stein. "A Psychological Measure of Islamic Religiousness: Development and Evidence for Reliability and Validity." *International Journal for the Psychology of Religion*, 2008.
- Ryan, Richard M., and Edward L. Deci. "On Happiness and Human Potentials: A Review of Research on Hedonic and Eudaimonic Well-Being." *Annual Review of Psychology* 52, no. 1 (2001): 141–166.
- Ryff, Carol D. "Psychological Well-Being Revisited: Advances in the Science and Practice of Eudaimonia." *Psychotherapy and Psychosomatics* 83, no. 1 (2013): 10–28.
- Saeko Yazaki. "A Study Of Abu Thalib Al-Makki," 2010.
- Said, Hasani Ahmad. *Diskursus Munasabah Al-Qur'an: Dalam Tafsir Al-Mishbāh*. Cet. I. Jakarta: Amzah, 2015.
- Saroglou, Vassilis. "Personality and Religion." In *International Encyclopedia of the Social & Behavioral Sciences: Second Edition*, 801–808. Elsevier, 2015.
- Schnitker, Sarah A. "An Examination of Patience and Well-Being." *Journal of Positive Psychology* 7, no. 4 (2012): 263–280.
- Schnitker, Sarah A., and Robert A. Emmons. "The Psychology of Virtue: Integrating Positive Psychology and the Psychology of Religion." *Psychology of Religion and Spirituality* 9, no. 3 (2017): 239–241.
- Schultz, D.P, S.E. Schultz. *History of Modern Psychology. History of Modern Psychology*. Bandung: Nusa Media, 2019.
- Seligman, Martin E.P. "Flourish: Positive Psychology and Positive Interventions." *The Tanner Lectures on Human Values*. The

- University of Michigan, 2010.
- Seligman, Martin E.P. *Authentic Happiness: Menciptakan Kebahagiaan Dengan Psikologi Positif*. Bandung: Penerbit Mizan, 2005.
- Setiawan, Asep. "Hermeneutika al-Qur'an 'Mazhab Yogya' (Telaah atas Teori Ma'na Cum Maghza dalam Penafsiran al-Qur'an)." *Jurnal Studi Ilmu-ilmu Al-Qur'an dan Hadis* Vol. 17, no. 1 (2016): 69–96.
- Shihab, M. Quraish. *Ensiklopedi Al-Quran: Kajian Kosakata*. Cet. 1. Vol. 1. Jakarta: Lentera Hati, 2000.
- . *Kaidah Tafsir: Syarat, Ketentuan, Dan Aturan Yang Patut Anda Ketahui Dalam Memahami Al-Qur'an*. Tangerang: Lentera Hati, 2013.
- . *Membumikan Al-Quran : Fungsi Dan Peranan Wahyu Dalam Kehidupan Masyarakat*. Mizan Pustaka, 1996.
- . *Tafsīr Al-Misbāḥ, Pesan, Kesan, Dan Keserasian Al-Qur'an*. Vol. 1. Jakarta: Lentera Hati, 2012.
- . *Tafsīr Al-Misbāḥ, Pesan, Kesan, Dan Keserasian Al-Qur'an*. Vol. 9. Jakarta: Lentera Hati, 2012.
- . *Tafsīr Al-Misbāḥ, Pesan, Kesan, Dan Keserasian Al-Qur'an*. Vol. 15. Jakarta: Lentera Hati, 2012.
- . *Tafsīr Al-Misbāḥ, Pesan, Kesan, Dan Keserasian Al-Qur'an*. Vol. 2. Jakarta: Lentera Hati, 2012.
- . *Tafsīr Al-Misbāḥ, Pesan, Kesan, Dan Keserasian Al-Qur'an*. Vol. 6. Jakarta: Lentera Hati, 2012.
- . *Tafsīr Al-Misbāḥ, Pesan, Kesan, Dan Keserasian Al-Qur'an*. Vol. 13. Jakarta: Lentera Hati, 2012.
- . *Tafsīr Al-Misbāḥ, Pesan, Kesan, Dan Keserasian Al-Qur'an*. Vol. 14. Jakarta: Lentera Hati, 2012.
- . *Tafsīr Al-Misbāḥ, Pesan, Kesan, Dan Keserasian Al-Qur'an*. Vol. 4. Jakarta: Lentera Hati, 2012.
- . *Tafsīr Al-Misbāḥ, Pesan, Kesan, Dan Keserasian Al-Qur'an*. Vol. 5. Jakarta: Lentera Hati, 2012.
- . *Tafsīr Al-Misbāḥ, Pesan, Kesan, Dan Keserasian Al-Qur'an*. Vol. 10. Jakarta: Lentera Hati, 2012.
- . *Tafsīr Al-Misbāḥ, Pesan, Kesan, Dan Keserasian Al-Qur'an*. Vol. 12. Jakarta: Lentera Hati, 2012.
- . *Tafsīr Al-Misbāḥ, Pesan, Kesan, Dan Keserasian Al-Qur'an*. Vol. 7. Jakarta: Lentera Hati, 2012.

- . *Tafsīr Al-Misbāḥ, Pesan, Kesan, Dan Keserasian Al-Qur'an*. Vol. 11. Jakarta: Lentera Hati, 2012.
- . *Tafsīr Al-Misbāḥ, Pesan, Kesan, Dan Keserasian Al-Qur'an*. Vol. 8. Jakarta: Lentera Hati, 2012.
- . *Tafsīr Al-Misbāḥ, Pesan, Kesan, Dan Keserasian Al-Qur'an*. Vol. 3. Jakarta: Lentera Hati, 2012.
- . *Wawasan Al-Qur'an: Tafsir Maudhu'i Atas Pelbagai Persoalan Umat*. Bandung: Penerbit Mizan, 1996.
- Sir Mohammad Iqbal. *The Reconstruction of Religious Thought in Islam. Bulletin of the School of Oriental and African Studies*. Vol. 7. London: Oxford University Press, 1934.
- Siswanto Masruri. “Menuju Humanitarianisme : Studi Evolusi Pola Pemikiran Kemanusiaan Soedjatmoko.” 2002.
- Snyder, C.R, and Shane J Lopex. *Handbook of Positive Psychology. Handbook of Positive Psychology*. New York: Oxford University Press, 2002.
- Stevens, J. R, D. W. Stephens. “Patience.” *Journal Current Biology* Vol. 28, no. 1 (2018).
- Stiono, H. “Konsep Sabar Dan Aktualisasinya Dalam Pendidikan Agama Islam Di Lingkungan Keluarga (Kajian Buku Sabar Dan Syukur Karya Ibnul Qayyim Al-Jauziyah),” 2015.
- Subandi. “Sabar: Sebuah Konsep Psikologi.” *Jurnal Psikologi* 38, no. 2 (2015): 215–227.
- Syamsuddin, Sahiron. “Integrasi Hermeneutika Hans Georg Gadamer Ke Dalam Ilmu Tafsir; Sebuah Proyek Pengembangan Metode Pembacaan Al-Qur'an Pada Masa Kontemporer.” Bandung: Makalah dipresentasikan pada Annual Conference Kajian Islam yang dilaksanakan oleh Ditpertasian Depag RI pada tanggal 26-30 November 2006 di Bandung, tidak dipublikasikan, n.d.
- Syed Muhsin, Sharifah Basirah. “Sumbangan Abu Talib Al-Makki Terhadap Pembangunan Psikologi Insan Berdasarkan Maqamat Dalam Qut Al-Qulub.” *Jurnal Akidah & Pemikiran Islam* 20, no. 1 (June 2018): 109–142.
- Tempo.co. “9 Juta Orang Di Indonesia Mengalami Depresi.” <Https://Gaya.Tempo.Co/Read/877228>.
- Vitikka, Erja, Leena Krokfors, and Elisa Hurmerinta. “The Finnish National Core Curriculum Structure and Development.” *Miracle of Education: The Principles and Practices of Teaching and Learning in Finnish Schools* 9789460918 (2012): 83–96.

- Wahab, A. Jamil (Ed.). *Indeks Kesalehan Sosial Masyarakat Indonesia*. Jakarta: Kementerian Agama RI, 2015.
- Wartini, Atik. "Corak Penafsiran M. Quraish Shihab Dalam Tafsir Al-Misbah." *HUNAFA: Jurnal Studia Islamika* 11, no. 1 (2014): 109.
- Weiss, Laura A., Gerben J. Westerhof, and Ernst T. Bohlmeijer. "Can We Increase Psychological Well-Being? The Effects of Interventions on Psychological Well-Being: A Meta-Analysis of Randomized Controlled Trials." *PLoS ONE* 11, no. 6 (2016): 1–16.
- Winarno, Surakhmad. *Pengantar Penelitian Ilmiah Dasar, Metode Dan Teknik*. Bandung: Penerbit Tarsito, 2009.
- Zeanah, Charles H. *A Secure Base: Parent-Child Attachment and Healthy Human Development. The Journal of Nervous and Mental Disease*. Vol. 178. New York: Basic Books, 1990.