

ABSTRAK

Penelitian ini membahas tentang kebermaknaan hidup lansia muslim yang tinggal di panti jompo Budhi Darma Yogyakarta dengan menggunakan jenis penelitian deskriptif dan pendekatan kualitatif. Menggunakan metode pengumpulan data berupa observasi, wawancara dan dokumentasi, dan menggunakan metode analisis data mencari tanda – tanda yang hendak di teliti yaitu mengenai kebermaknaan hidup lansia muslim di panti jompo Budhi Darma Yogyakarta dengan menelaah dari hasil pengamatan atau observasi, wawancara mendalam, dan dokumentasi. Hasil penelitian ini menunjukkan bahwa kebermaknaan hidup lansia dipanti jompo Budhi Dharma dalam bentuk melakukan kegiatan – kegiatan kreatif dan mandiri, dengan mendekati diri kepada Allah dan meningkatkan kualitan ilmu agama, serta merasakan ketenangan dan kebahagiaan. Ada 2 faktor yang mempengaruhi kebermaknaan hidup lansia, yaitu faktor internal dan faktor eksternal. Faktor internal yaitu perasaan sedih, perasaan menyesal, perasaan rindu dan kesepian, perasaan menerima, perasaan ikhlas dan perasaan untuk menjadi lebih baik. Faktor eksternal ialah kepedulian antar sesama teman, kegiatan – kegiatan dan program di dalam panti, fasilitas yang disediakan panti, dan faktor ekonomi.

Kata kunci : *Kebermaknaan hidup, Lansia, Panti jompo*

ABSTRACT

This research discusses the life meaningfulness of elderly Muslims living at Budhi Dharma nursing home Yogyakarta. This research is descriptive research using a qualitative approach. The data were compiled through observation, interview, and documentation. The data were used to identify the evidences of the life meaningfulness of elderly Muslims at Budhi Dharma nursing home Yogyakarta by means of analyzing the observation result, in-depth interview, and documentation. The result indicates that the life meaningfulness of elderly Muslims at Budhi Dharma nursing home is reflected through their creative and independent activities, their effort to be closer to Allah and to improve their religious knowledge, as well as shown from their peacefulness and happiness. There are two factors that influence their life meaningfulness; those are internal and external factors. The internal factors are their feeling of sadness, regret, longing and loneliness, feeling of acceptance, sincere feeling, and feeling of wanting to be better. The external factors are their care towards their peers, the activities and program at the nursing home, the facility provided by the nursing home, and the economic factor.

Keywords: *Meaningfulness, Elderly, Nursing home*