

**Studi Fenomenologi: Kebutuhan Psikososial Keluarga Pasien
Intensive Care Unit (ICU) di RS PKU Muhammadiyah
Yogyakarta**

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ABSTRAK

Latar Belakang: *Intensive care unit* (ICU) merupakan bagian ruangan perawatan yang berkaitan dengan pasien yang mengalami masalah intensif. Keluarga pasien ICU akan mengalami beberapa perubahan tak terduga seperti perubahan psikologis yang cenderung menurun. Peranan penting perawat sebagai bagian dari tim perawatan kritis yaitu mengidentifikasi dan memenuhi kebutuhan keluarga selama masa sulit. Pada praktiknya sebagian besar perawat dalam pemberian perawatan hanya berfokus pada pasien, sehingga kebutuhan keluarga tidak dapat teridentifikasi.

Tujuan: Untuk mengetahui kebutuhan psikososial keluarga pasien ICU di RS PKU Muhammadiyah Yogyakarta.

Metode: Desain penelitian yang digunakan dalam penelitian ini yaitu menggunakan metode kualitatif dengan pendekatan fenomenologi. Metode pengambilan data dilakukan dengan cara observasi dan wawancara mendalam (*in depth interview*).

Hasil: Hasil penelitian ini merupakan deskripsi serta interpretasi dari data yang diperoleh peneliti melalui proses analisis data yang telah dilakukan kepada 5 partisipan. Hasil penelitian didapatkan dalam 3 tema yaitu menerima informasi, *support system* dan kenyamanan.

Kesimpulan: Berdasarkan hasil penelitian terdapat 3 tema temuan terkait kebutuhan psikososial keluarga pasien ICU di RS PKU Muhammadiyah Yogyakarta yaitu menerima informasi *support system* dan kenyamanan. Peneliti berharap perawat dapat meningkatkan komunikasi dan keterlibatan keluarga dalam proses perawatannya.

Keyword: Family needs, Phychosocial needs, Intensive care unit

Phenomenology Study: Family Psychosocial Needs of Intensive
Care Unit (ICU) Patients at PKU Muhammadiyah Yogyakarta
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ABSTRACT

Background: Intensive care unit (ICU) is part of the treatment room that is associated with patients who experience intensive problems. The ICU patient's family will experience some unexpected changes such as psychological changes. The important role of nurses as part of the critical care team is to identify and meet family needs during difficult times. In practice, most nurses in providing care only focus on patients, so that family needs can't be identified.

Objective: To determine the family psychosocial needs of ICU patients at PKU Muhammadiyah Yogyakarta Hospital.

Method: The research design used in this study is use a qualitative method with a phenomenological approach. The method of collecting data by observation and in-depth interviews.

Results: The results of this study are descriptions and interpretations of the data obtained by researchers through the process of data analysis that has been done to 5 participants. The results were obtained in 3 themes, receiving information, support systems and comfort.

Conclusion: Based on the results of the study, there were 3 themes of findings related to the psychosocial needs of ICU patients' families at PKU Muhammadiyah Yogyakarta Hospital, receiving information, support systems and comfort. Researchers hope nurses can improve communication and family involvement in the care process.

Keyword: Family needs, psychosocial needs, Intensive care