

ABSTRAK

DUKUNGAN SOSIAL TERHADAP MOBILISASI DINI PADA PASIEN *POST OPERASI TOTAL KNEE REPLACEMENT* DI RSO Prof. Dr. R. SOEHARSO SURAKARTA

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Latar belakang; Pasien *post* operasi *Total Knee Replacement (TKR)* akan merasakan nyeri hebat dan keterbatasan dalam mobilisasi, sehingga membutuhkan dukungan untuk melakukan mobilisasi. **Tujuan:** Penelitian ini bertujuan untuk mengetahui hubungan dukungan sosial terhadap mobilisasi dini pada pasien *TKR*. **Metode Penelitian:** Penelitian kuantitatif dengan metode *cross sectional* dengan 47 responden. Pengumpulan data menggunakan kuesioner, lembar observasi. Teknik pengambilan sampel dengan *consecutive sampling*. Analisa data menggunakan *spearman*. **Hasil:** Hasil uji hubungan dukungan sosial terhadap mobilisasi diperoleh *p value* $0,0001 < 0,05$. Dukungan emosional terhadap mobilisasi dini hari pertama didapatkan *p value* 0,001 dan hari ke empat dengan *p value* 0,03. Dukungan instrumental terhadap mobilisasi hari ketiga didapatkan *p value* 0,001. Dukungan informasi terhadap mobilisasi hari pertama dengan *p value* 0,008, hari kedua dengan *p value* 0,005, hari ketiga dengan *p value* 0,003, hari ke empat dengan *p value* 0,003. Dukungan penghargaan terhadap mobilisasi hari ketiga dengan *p value* 0,001, dan hari keempat *p value* 0,0001. **Kesimpulan:** Terdapat hubungan antara dukungan sosial terhadap mobilisasi dini pada pasien *post Total Knee Replacement*.

Keyword : Dukungan Sosial, Mobilisasi Dini, *Total Knee Replacement*

ABSTRACT

SOCIAL SUPPORT ON EARLY MOBILIZATION IN PATIENT POST OPERATIVE TOTAL KNEE REPLACEMENT IN RSO Prof. Dr. R. SOEHARSO SURAKARTA

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Background: Post-operative patients with total knee replacement will experience severe pain and get limitations in mobilization, so they need support to mobilize. **Objective:** This study aims to determine the relationship of social support to early mobilization in patients with post total knee replacement. **Research methods:** A quantitative research with cross sectional method within 47 respondents. The data collecting is using questionnaires, observation sheets. The sampling technique was consecutive sampling. The study population was post TKR patients at RSO Prof. Dr. R. Soeharso Surakarta. And for the data analyzing is using Spearman. **Results:** There is a significant relationship on social support for early mobilization. The test results obtained p-value $0,0001 < 0,05$. Emotional support for early mobilization was obtained p-value 0,001 and fourth day with p-value 0,03. Instrumental support for mobilization on the third day was obtained p-value 0,001. Information support for the mobilization of the first day with p-value 0,008, the second day with p-value 0,005, on the third day with p-value 0,003, and on the fourth day with p-value 0,003. The award supports on mobilization in the third day with p-value of 0,001, and the fourth day with p-value of 0,0001. **Conclusion:** There is a relationship between social support for early mobilization in post Total Knee Replacement patients.

Keyword : Social support, Early Mobilization, Total Knee Replacement