

## **Chapter Five**

### **Conclusion and Recommendation**

This chapter presents the conclusion and recommendation of the research. The conclusion section discusses the summary of the overall finding and discussion of the research. The recommendation section provides the further suggestions about this research for students, lecturers, and other researchers.

#### **Conclusion**

The objective of this research are to find out about the benefits of the implementation of Reading Date as an extensive reading program perceived by students and to discuss the challenges of the implementation of Reading Date as an extensive reading program perceived by students. The two objectives were discussed based on the four participants' perceptions who have joined Reading Date.

The finding of the first research question revealed that the four participants found benefits by joining an extensive reading program. There were eight benefits admitted by the participants which can be included in three aspects, namely the affective benefits, social benefits, and cognitive benefits. Two of the four participants mentioned that they attained affective benefits by joining an extensive reading program which was increasing their reading interest. The three participants admitted that Reading Date was beneficial for them in the social aspect. These benefits include making new friends and strengthening friendship. Therefore, all of the four participants revealed that they achieved several benefits

that were related to their cognitive improvement. These benefits were learning to manage time, increasing reading speed, increasing vocabulary mastery, improving grammar knowledge, and getting new knowledge.

The finding of the second research question showed that all of the four participants admitted that they experienced some challenges when joining an extensive reading program. The first challenge was managing the time to read together. This challenge was faced by two participants who admitted that the different class schedules of their group members were causing a challenge in managing time to gather to read together. The second challenge was related to the crowded situation in reading. This challenge was revealed by two participants who did not focus on their reading because they were reading together in a group. The third challenge was about the lack of language skills. Three of the four participants admitted that they had this challenge when joining Reading Date. The fourth challenge was related to choosing books based on the participants' preferences. Two participants stated that they were confused about what books to read even though they knew what genre they liked. The last challenge was reading mate. This challenge was experienced by the two participants who did not feel comfortable with their group members.

Extensive reading program must be done in a condition where a student chooses their own interest on books, enjoys the reading, feels no pressure, and reads whenever he or she want to. Besides achieving multiple benefits by joining an extensive reading program, this study also found some challenges. The challenges appeared when the extensive reading cannot be applied as in the idea

of extensive reading. In conclusion, extensive reading program can be beneficial for some people who can adjust the idea of extensive reading that are fun, pleasure, and not under pressure. However, if these things are not entirely applied, challenges may appear in the program.

### **Recommendation**

Based on the conclusion about the benefits and challenges of the implementation of an extensive reading program, this research provides some recommendations. These recommendations are addressed to students, lecturers, and other researchers.

**Students.** Based on the result of this research, the researcher found that extensive reading programs can give students multiple benefits if the programs really apply what extensive reading is. However, when they do not, the challenges may appear. Therefore, the students are suggested to enjoy, have fun feeling, and choose books or friends carefully to achieve benefits of the program.

**Lecturers.** Based on the result of this research, the researcher found that extensive reading programs can give students multiple benefits if the program really apply what extensive reading is. Thus, the lecturers are suggested to create and monitor the program so that the students can choose books and friends carefully and avoid challenges that may appear in the program.

**Other researchers.** This research was aimed in investigating the benefits and challenges in joining an extensive reading program. Other researchers are recommended to conduct related future studies and use this research as a

reference. In addition, the other researchers are suggested to focus on overcoming challenges in the implementation of extensive reading programs.