

Chapter Five

Conclusion and Recommendations

This chapter shows the conclusions and recommendations of this study. The conclusion is the summary from the previous chapter, which are findings. The recommendations are solutions for international students, lecturer, institution, and future research.

Conclusion

Based on the findings in chapter four, the researcher found several international students' source of culture shock during the study program. Mostly the sources of culture shock tend to happen outside the classroom. The findings show that there are six different sources of culture shock that the participants faced. Differences from the aspect of weather, traffic, wearing, society's culture, language gap, and food, those aspects were likely to become the major problems that the international students faced. Although, not all culture shock are negative reactions. Both participants gave positive reaction towards the certain source of culture shock. As an example, they think that it is very shocking to them to see how Indonesians are very helpful and at the same time, Indonesian can live among differences. In fact, one of the participants thinks that different weather is a good thing for her because she thinks that every new experience is good for her. In conclusion, even though most of the culture shock shows negative reaction, there are still some of the reactions that positive to a particular situation.

The strategies that the international students use to overcome their culture shock during their stay at Indonesia are adapted with the culture such as; communication with the local people, food differences, weather, and cultural differences. One of the participants said that she wants to consider culture shock as a challenge so that he can create something better from it. This is very positive energy, both from the international students and all parties in the institute. The other participant said that he just adapt to all those differences and move on.

Recommendations

For international students. Based on the findings on the previous chapter, the researcher found that the international students were struggling with the cultural differences and communicating with the local people. Therefore, it is better for the international students that want to study in Indonesia should prepare well especially in learning Indonesian language. Learning this language can be very helpful in every situation. Not only learning the local language, but they have to learn about the culture such as the food, the society, and the behavior so that they can prepare well. Also, international students should consider culture shock as a challenge rather barrier. These kinds of thoughts can heal homesickness which is the result of culture shock.

For lecturer who teaches international students. Most of the sources of culture shock that the international students have are from outside the University. Which means the social life that happens outside the University is the main factor to caused culture shock. It would be better for the lecturer at the very first meeting to tell the international students a brief explanation about Indonesian culture and

social life. It is very important for the international students; firstly, it will make them feel that the lecturer cares about them for telling them the information. Secondly, this will make their preparation become more well-turned.

For institution. All participants have some problem related to understanding the local language. One of the main keys in communication is to understand the language. Therefore the researcher recommends the institution to hold an Indonesian Language Learning program for all the international students. Not just for exchange students that stayed for one semester, but also for international students that wanted to take a bachelor degree. This is very crucial because understanding the local language can help the students in facing many situations all by themselves.

For future researcher. The findings show that almost all the source of culture shock happened outside the university. The researcher recommends the future researcher to focus more on the sources of culture shock that happened inside the university. It can be the source of culture shock in the classroom, understanding the learning system, facing local lecturer and students. It would be best for further research to study more about trends in international students' culture shock.