

# **LAMPIRAN-LAMPIRAN**

*Lampiran 1*

## Blueprint Kuesioner

No.	Variabel Penelitian	Indikator	Nomor Item Soal		Jumlah
			Fav	Unfav	
1.	Instagram Stories	1.1 Pengguna aktif	1	2	2
		1.2 Tingkat Intensitas	3,5	4,6	4
		1.3 Variasi konten	7,8	9,10	4
2.	Self Disclosure	1.1 Materi Personal	1	2	2
		1.2 Pemikiran dan Ide	3	4	2
		1.3 Religi	5	6	2
		1.4 Pekerjaan dan Tugas	7	8	2
		1.5 Sex	9	10	2
		1.6 Hubungan Interpersonal	11	12	2
		1.7 Pernyataan Emosi Diri	13	14	2
		1.8 Rasa	15	16	2
		1.9 Permasalahan	17	18	2

*Lampiran 2*

Contoh lembar kuesioner

**ANGKET/ KUESIONER****A. PETUNJUK PENGISIAN :**

1. Angket ini bukan merupakan ujian bagi anda, melainkan untuk kepentingan penelitian.
2. Isilah identitas responden terlebih dahulu sebelum melangkah ke pertanyaan
3. Bacalah dengan teliti pertanyaan dalam angket/ kuesioner dibawah ini sebelum menjawab.
4. Jawablah pertanyaan dibawah ini secara jujur, sesuai dengan keadaan yang anda alami
5. Cara menjawabnya cukup memberi tanda(√) pada kolom yang anda anggap sesuai.
6. Semua pertanyaan wajib di jawab dan hanya diperkenankan memberi satu jawaban.
7. Anda tidak perlu bekerja sama untuk mengisinya
8. Hal-hal yang kurang jelas dapat ditanyakan kepada peneliti.

Keterangan :

SS : Sangat setuju

S : Setuju

TS : Tidak Setuju

STS : Sangat tidak setuju

**B. IDENTITAS RESPONDEN**

Inisial nama :

Jenis Kelamin :

Usia :

Angkatan :

Jurusan :

### C. PERNYATAAN

#### 1. ANKET PENGGUNAAN MEDIA SOSIAL INSTAGRAM STORIES

No.	PERTANYAAN	Pilihan			
		S	SS	TS	STS
<b>A.</b>	<b>PENGGUNA AKTIF</b>				
1.	Saya biasa membuka instagram menggunakan smartphone				
2.	Saya membuka instagram hanya menggunakan PC/ Komputer				
<b>B.</b>	<b>TINGKAT INTENSITAS</b>				
3.	Saya selalu update di Instagram Stories setiap hari				
4.	Saya tidak suka upload foto/video apapun di Instagram Stories				
5.	Saya merasa tidak nyaman jika dalam sehari tidak membuka Instagram				
6.	Saya tidak melihat Instagram Stories teman-teman saya				
<b>C.</b>	<b>VARIASI KONTEN</b>				
7.	Saya selalu update status/tulisan/quotes di Instagram stories 2 kali sehari				
8.	Saya merasa tidak nyaman dengan komentar negatif tentang stories Instagram saya				
9.	Saya tidak suka upload konten apapun di Instagram Stories				
10.	Saya hanya upload status/foto/video sesekali dalam seminggu				

## 2. ANGKET SELF DISCLOSURE

	PERTANYAAN	Pilihan			
		S	SS	TS	STS
1.	Saya biasa curhat di Instagram Stories tentang suasana hati saya. Contoh ketika saya kesal, marah, senang, sedih dan sebagainya				
2.	Ketika saya kesal, marah, senang, atau sedih saya tidak curhat di Instagram Stories ataupun media sosial lainnya				
3.	Ketika saya mempunyai gagasan, atau persepsi saya akan ungkapkan di Instagram Stories				
4.	Saya tidak suka gagasan atau persepsi saya diketahui orang lain				
5.	Saya suka mengupload konten-konten islami di Instagram Stories				
6.	Saya tidak suka mengupload konten-konten islami di Instagram Stories saya, karena menurut saya agama adalah urusan pribadi				
7.	Saya pernah menceritakan tentang pencapaian atau prestasi saya di Instagram Stories				
8.	Saya tidak pernah menveritakan tentang pencapaian saya di Instagram Stories				
9.	Saya suka mengupload tentang kisah kehidupan percintaan saya atau asmara saya di Instagram Stories				
10.	Saya tidak menceritakan atau memberitahukan kehidupan asmara saya di media sosial				
11.	Saya sering mengupload foto/video bersama teman-teman saya di Instagram Stories				
12.	Saya tidak mengupload foto/video bersama teman-teman saya di Instagram Stories				

13.	Saya pernah curhat atau menceritakan apa yang saya rasakan di Instagram Stories				
14.	Saya tidak pernah menceritakan apa yang saya rasakan yang berkaitan dengan emosional di media sosial				
15.	Jika saya suka atau tidak suka terhadap sesuatu, baik orang atau benda, saya akan menceritakannya di Instagram Stories				
16.	Saya cenderung diam jika suka atau tidak suka terhadap sesuatu				
17.	Saya membuat konten tentang permasalahan yang sedang saya hadapi di Instagram Stories				
18.	Ketika saya sedang ada masalah, saya tidak menguploadnya di media sosial				

*Lampiran 3*

Uji Validitas Variabel Penggunaan Instagram Stories

**Item-Total Statistics**

	Scale Mean if Item Deleted	Scale Variance if Item Deleted	Corrected Item- Total Correlation	Cronbach's Alpha if Item Deleted
X1.1	29.97	21.757	.411	.872
X1.2	29.97	21.757	.411	.872
X1.3	30.20	20.028	.641	.857
X1.4	30.37	17.964	.706	.851
X1.5	30.13	19.016	.692	.852
X1.6	30.10	20.093	.608	.859
X1.7	30.27	18.064	.737	.847
X1.8	30.50	21.845	.405	.873
X1.9	30.17	18.695	.658	.855
X1.10	30.13	20.051	.621	.858

Uji Reliabilitas Variabel Penggunaan Instagram Stories

**Reliability Statistics**

Cronbach's Alpha	N of Items
.872	10

*Lampiran 4*

Uji Validitas dan Reliabilitas Variabel *Self Disclosure*

**Item-Total Statistics**

	Scale Mean if Item Deleted	Scale Variance if Item Deleted	Corrected Item- Total Correlation	Cronbach's Alpha if Item Deleted
Y.1	56.83	60.626	.714	.903
Y.2	56.70	62.148	.725	.903
Y.3	56.70	66.631	.404	.912
Y.4	56.77	65.495	.416	.912
Y.5	56.93	65.375	.465	.911
Y.6	56.73	66.547	.460	.910
Y.7	56.57	66.254	.478	.910
Y.8	56.73	63.582	.650	.906
Y.9	56.73	65.099	.444	.912
Y.10	56.63	64.723	.580	.908
Y.11	57.20	66.717	.506	.910
Y.12	56.70	67.459	.362	.913
Y.13	56.73	62.616	.689	.904
Y.14	56.60	61.766	.751	.903
Y.15	56.77	60.737	.767	.902
Y.16	56.73	64.409	.623	.907
Y.17	56.83	62.282	.698	.904
Y.18	56.80	62.097	.628	.906

Uji Reliabilitas Variabel *Self Disclosure*

**Reliability Statistics**

Cronbach's Alpha	N of Items
.912	18



Lampiran 5

Karakteristik Responden Berdasarkan Jenis Kelamin

**Jenis Kelamin**

	Frequency	Percent	Valid Percent	Cumulative Percent
Valid l	8	26.7	26.7	26.7
p	22	73.3	73.3	100.0
Total	30	100.0	100.0	

Karakteristik Responden Berdasarkan Usia

**Usia**

	Frequency	Percent	Valid Percent	Cumulative Percent
Valid 19	2	6.8	6.8	6.8
20	16	53.3	53.3	60.1
21	10	33.3	33.3	93.4
22	1	3.3	3.3	96.7
23	1	3.3	3.3	100.0
Total	30	100.0	100.0	

Karakteristik Responden Berdasarkan Angkatan

**Angkatan**

	Frequency	Percent	Valid Percent	Cumulative Percent
Valid 2015	13	43.4	43.4	43.4
2016	16	53.3	53.3	96.7
2017	1	3.3	3.3	100.0
Total	30	100.0	100.0	

*Lampiran 6*

Analisis Deskriptif Variabel Penggunaan Instagram Stories

**X1.1**

		Frequency	Percent	Valid Percent	Cumulative Percent
Valid	TS	1	3.3	3.3	3.3
	S	11	36.7	36.7	40.0
	SS	18	60.0	60.0	100.0
	Total	30	100.0	100.0	

**X1.2**

		Frequency	Percent	Valid Percent	Cumulative Percent
Valid	S	1	3.3	3.3	3.3
	TS	11	36.7	36.7	40.0
	STS	18	60.0	60.0	100.0
	Total	30	100.0	100.0	

**X1.3**

		Frequency	Percent	Valid Percent	Cumulative Percent
Valid	TS	3	10.0	10.0	10.0
	S	14	46.7	46.7	56.7
	SS	13	43.3	43.3	100.0
	Total	30	100.0	100.0	

**X1.4**

		Frequency	Percent	Valid Percent	Cumulative Percent
Valid	SS	2	6.7	6.7	6.7
	S	4	13.3	13.3	20.0
	TS	11	36.7	36.7	56.7
	STS	13	43.3	43.3	100.0
	Total	30	100.0	100.0	

**X1.5**

		Frequency	Percent	Valid Percent	Cumulative Percent
Valid	STS	1	3.3	3.3	3.3
	TS	2	6.7	6.7	10.0
	S	11	36.7	36.7	46.7
	SS	16	53.3	53.3	100.0
	Total	30	100.0	100.0	

**X1.6**

		Frequency	Percent	Valid Percent	Cumulative Percent
Valid	S	3	10.0	10.0	10.0
	TS	11	36.7	36.7	46.7
	STS	16	53.3	53.3	100.0
	Total	30	100.0	100.0	

**X1.7**

		Frequency	Percent	Valid Percent	Cumulative Percent
Valid	STS	2	6.7	6.7	6.7
	TS	2	6.7	6.7	13.3
	S	12	40.0	40.0	53.3
	SS	14	46.7	46.7	100.0
	Total	30	100.0	100.0	

**X1.8**

		Frequency	Percent	Valid Percent	Cumulative Percent
Valid	TS	4	13.3	13.3	13.3
	S	21	70.0	70.0	83.3
	SS	5	16.7	16.7	100.0
	Total	30	100.0	100.0	

**X1.9**

		Frequency	Percent	Valid Percent	Cumulative Percent
Valid	SS	2	6.7	6.7	6.7
	S	1	3.3	3.3	10.0
	TS	11	36.7	36.7	46.7
	STS	16	53.3	53.3	100.0
	Total	30	100.0	100.0	

**X1.10**

	Frequency	Percent	Valid Percent	Cumulative Percent
Valid S	3	10.0	10.0	10.0
TS	12	40.0	40.0	50.0
STS	15	50.0	50.0	100.0
Total	30	100.0	100.0	

## Lampiran 7

Analisis Deskriptif Variabel *Self Disclosure*

Y.1

		Frequency	Percent	Valid Percent	Cumulative Percent
Valid	STS	3	10.0	10.0	10.0
	S	13	43.3	43.3	53.3
	SS	14	46.7	46.7	100.0
	Total	30	100.0	100.0	

Y.2

		Frequency	Percent	Valid Percent	Cumulative Percent
Valid	SS	1	3.3	3.3	3.3
	S	2	6.7	6.7	10.0
	TS	11	36.7	36.7	46.7
	STS	16	53.3	53.3	100.0
	Total	30	100.0	100.0	

Y.3

		Frequency	Percent	Valid Percent	Cumulative Percent
Valid	TS	3	10.0	10.0	10.0
	S	12	40.0	40.0	50.0
	SS	15	50.0	50.0	100.0
	Total	30	100.0	100.0	

Y.4

		Frequency	Percent	Valid Percent	Cumulative Percent
Valid	SS	1	3.3	3.3	3.3
	S	3	10.0	10.0	13.3
	TS	11	36.7	36.7	50.0
	STS	15	50.0	50.0	100.0
	Total	30	100.0	100.0	

Y.5

		Frequency	Percent	Valid Percent	Cumulative Percent
Valid	TS	6	20.0	20.0	20.0
	S	13	43.3	43.3	63.3
	SS	11	36.7	36.7	100.0
	Total	30	100.0	100.0	

Y.6

		Frequency	Percent	Valid Percent	Cumulative Percent
Valid	S	2	6.7	6.7	6.7
	TS	15	50.0	50.0	56.7
	STS	13	43.3	43.3	100.0
	Total	30	100.0	100.0	

Y.7

		Frequency	Percent	Valid Percent	Cumulative Percent
Valid	TS	2	6.7	6.7	6.7
	S	10	33.3	33.3	40.0
	SS	18	60.0	60.0	100.0
	Total	30	100.0	100.0	

Y.8

		Frequency	Percent	Valid Percent	Cumulative Percent
Valid	SS	1	3.3	3.3	3.3
	S	1	3.3	3.3	6.7
	TS	14	46.7	46.7	53.3
	STS	14	46.7	46.7	100.0
	Total	30	100.0	100.0	

Y.9

		Frequency	Percent	Valid Percent	Cumulative Percent
Valid	STS	1	3.3	3.3	3.3
	TS	3	10.0	10.0	13.3
	S	10	33.3	33.3	46.7
	SS	16	53.3	53.3	100.0
	Total	30	100.0	100.0	



Y.10

		Frequency	Percent	Valid Percent	Cumulative Percent
Valid	S	3	10.0	10.0	10.0
	TS	10	33.3	33.3	43.3
	STS	17	56.7	56.7	100.0
	Total	30	100.0	100.0	

Y.11

		Frequency	Percent	Valid Percent	Cumulative Percent
Valid	TS	6	20.0	20.0	20.0
	S	21	70.0	70.0	90.0
	SS	3	10.0	10.0	100.0
	Total	30	100.0	100.0	

Y.12

		Frequency	Percent	Valid Percent	Cumulative Percent
Valid	S	2	6.7	6.7	6.7
	TS	14	46.7	46.7	53.3
	STS	14	46.7	46.7	100.0
	Total	30	100.0	100.0	

Y.13

		Frequency	Percent	Valid Percent	Cumulative Percent
Valid	STS	1	3.3	3.3	3.3
	TS	2	6.7	6.7	10.0
	S	12	40.0	40.0	50.0
	SS	15	50.0	50.0	100.0
	Total	30	100.0	100.0	

Y.14

		Frequency	Percent	Valid Percent	Cumulative Percent
Valid	SS	1	3.3	3.3	3.3
	S	2	6.7	6.7	10.0
	TS	8	26.7	26.7	36.7
	STS	19	63.3	63.3	100.0
	Total	30	100.0	100.0	

Y.15

		Frequency	Percent	Valid Percent	Cumulative Percent
Valid	STS	2	6.7	6.7	6.7
	TS	1	3.3	3.3	10.0
	S	12	40.0	40.0	50.0
	SS	15	50.0	50.0	100.0
	Total	30	100.0	100.0	

Y.16

		Frequency	Percent	Valid Percent	Cumulative Percent
Valid	S	3	10.0	10.0	10.0
	TS	13	43.3	43.3	53.3
	STS	14	46.7	46.7	100.0
	Total	30	100.0	100.0	

Y.17

		Frequency	Percent	Valid Percent	Cumulative Percent
Valid	STS	1	3.3	3.3	3.3
	TS	3	10.0	10.0	13.3
	S	13	43.3	43.3	56.7
	SS	13	43.3	43.3	100.0
	Total	30	100.0	100.0	

Y.18

		Frequency	Percent	Valid Percent	Cumulative Percent
Valid	SS	2	6.7	6.7	6.7
	S	2	6.7	6.7	13.3
	TS	11	36.7	36.7	50.0
	STS	15	50.0	50.0	100.0
	Total	30	100.0	100.0	

## Lampiran 8

## Uji Normalitas

		Unstandardized Residual
N		30
Normal Parameters <sup>a</sup>	Mean	,0000000
	Std. Deviation	4,48350032
Most Extreme Differences	Absolute	,156
	Positive	,103
	Negative	-,156
Kolmogorov-Smirnov Z		,852
Asymp. Sig. (2-tailed)		,462

a. Test distribution is Normal.

## Uji Linearitas

		Sum of Squares	df	Mean Square	F	Sig.
Self Disclosure (Y) *	Between Groups (Combined)	1955.083	11	177.735	26.746	.000
Instagram (X)	Linearity	1491.749	1	1491.749	224.479	.000
	Deviation from Linearity	463.335	10	46.333	6.972	.000
Within Groups		119.617	18	6.645		
Total		2074.700	29			

## Lampiran 9

## Uji Heteroskedastisitas

**ANOVA<sup>a</sup>**

Model		Sum of Squares	df	Mean Square	F	Sig.
1	Regression	.102	1	.102	.017	.898 <sup>b</sup>
	Residual	170.453	28	6.088		
	Total	170.555	29			

a. Dependent Variable: ABS\_RES

b. Predictors: (Constant), Instagram (X)

**Coefficients<sup>a</sup>**

Model		Unstandardized Coefficients		Standardized Coefficients	t	Sig.
		B	Std. Error	Beta		
1	(Constant)	4.112	3.152		1.305	.203
	Instagram (X)	-.012	.093	-.024	-.130	.898

a. Dependent Variable: ABS\_RES

Lampiran 10

Analisis Regresi Linier Sederhana

**Model Summary**

Model	R	R Square	Adjusted R Square	Std. Error of the Estimate
1	.848 <sup>a</sup>	.719	.709	4.563

a. Predictors: (Constant), Instagram (X)

**ANOVA<sup>a</sup>**

Model		Sum of Squares	df	Mean Square	F	Sig.
1	Regression	1491.749	1	1491.749	71.651	.000 <sup>b</sup>
	Residual	582.951	28	20.820		
	Total	2074.700	29			

a. Dependent Variable: Self Disclosure (Y)

b. Predictors: (Constant), Instagram (X)

**Coefficients<sup>a</sup>**

Model		Unstandardized Coefficients		Standardized Coefficients	t	Sig.
		B	Std. Error	Beta		
1	(Constant)	11.268	5.829		1.933	.063
	Instagram (X)	1.456	.172	.848	8.465	.000

a. Dependent Variable: Self Disclosure (Y)

*Lampiran 11*

## Tabulasi data penelitian

No	Inisial Nama	Jenis Kelamin	Usia	Angkatan
1	DA	p	20	2016
2	MAM	l	21	2015
3	AAS	p	21	2015
4	NA	p	20	2015
5	SRPT	p	19	2016
6	ER	l	20	2016
7	AM	p	21	2015
8	PR	p	21	2015
9	ANG	l	20	2016
10	SM	p	20	2016
11	NFR	l	21	2016
12	AA	p	22	2015
13	AN	p	20	2016
14	Alya	p	23	2015
15	KI	l	20	2016
16	NR	p	19	2017
17	UK	p	20	2016
18	YM	p	21	2015
19	DPA	p	21	2015
20	CBS	p	20	2015
21	L	l	20	2016
22	SA	p	20	2016
23	Ryan	l	20	2016
24	BS	p	20	2016
25	AS	p	21	2015
26	OA	p	21	2015
27	NN	p	20	2016
28	DAP	l	20	2016
29	AT	p	21	2015
30	BR	p	20	2016

1	2	3	4	5	6	7	8	9	10	Instagram (X)
4	4	3	3	4	2	3	4	4	3	34
4	4	4	3	3	3	3	3	3	4	34
3	4	3	4	4	4	3	4	4	3	36
4	4	3	3	3	3	4	4	4	4	36
4	4	3	4	4	3	3	3	4	3	35
4	4	4	4	4	4	4	3	3	3	37
3	3	4	4	4	3	3	4	4	4	36
3	4	4	4	4	4	4	4	4	3	38
2	3	2	1	2	3	1	3	2	2	21
4	4	3	2	4	4	2	3	3	4	33
3	4	3	3	4	4	3	4	3	4	35
3	4	2	1	1	2	1	4	1	2	21
4	4	3	3	4	4	3	3	3	3	34
3	4	3	3	3	3	4	3	4	4	34
4	4	4	4	4	3	3	4	3	4	37
3	4	4	4	4	4	4	4	4	4	39
3	4	3	4	4	4	4	3	4	4	37
4	4	4	2	3	3	3	4	4	3	34
4	4	3	4	4	4	3	4	4	4	38
3	4	4	3	3	4	4	4	3	3	35
3	3	2	2	2	2	2	4	1	2	23
3	4	4	3	4	4	4	3	4	4	37
4	3	3	2	4	4	4	4	4	3	35
3	4	4	3	3	4	4	4	3	4	36
3	4	3	3	3	4	4	3	4	3	34
3	3	4	4	3	4	4	4	4	4	37
4	4	4	4	3	3	3	3	3	3	34
4	4	4	3	3	3	4	4	3	4	36
4	3	3	4	4	4	4	4	3	4	37
4	4	3	4	3	3	3	4	4	3	35



1	2	3	4	5	6	7	8	9	10	11	12	13	14	15	16	17	18	Self Disclosure (Y)
3	3	4	4	3	3	4	3	4	4	4	4	3	4	4	4	3	4	65
4	4	3	3	2	2	3	3	3	4	3	3	3	3	4	3	4	4	58
3	3	4	4	2	2	4	4	4	3	4	4	4	3	3	4	3	3	61
3	3	4	4	3	4	3	3	4	3	4	3	4	4	4	4	4	4	65
4	4	4	3	3	4	3	3	3	4	4	3	3	4	4	3	4	4	64
4	4	4	3	2	3	4	4	2	2	4	3	4	3	3	4	4	4	61
4	4	3	4	1	2	4	3	2	4	3	3	4	4	4	4	3	3	59
4	4	4	3	3	3	4	3	4	4	4	3	3	4	4	3	4	4	65
1	1	3	3	4	3	2	1	2	3	4	4	2	2	1	2	1	1	40
3	4	4	4	2	2	4	4	4	4	4	3	3	4	4	4	4	3	64
4	4	3	4	3	3	4	3	3	4	4	3	4	3	3	3	3	4	62
1	2	2	2	3	3	2	2	3	2	4	3	1	2	1	2	2	2	39
3	3	4	3	2	2	4	4	4	4	3	4	4	4	4	4	3	3	62
4	4	4	4	1	1	3	3	4	3	3	4	3	4	3	3	4	4	59
3	3	3	4	3	3	4	3	4	3	4	3	3	4	3	3	4	4	61
4	4	2	1	4	4	4	3	4	3	4	4	4	3	4	4	3	3	62
4	4	4	3	3	4	3	4	3	4	3	3	4	3	4	4	3	3	63
4	4	4	3	3	4	4	3	4	4	4	3	4	4	4	4	3	3	66
3	4	3	4	3	3	4	4	4	4	3	4	4	4	3	3	4	4	65
4	3	3	4	4	4	3	4	3	4	4	4	3	4	3	3	4	3	64
1	2	3	2	2	1	4	3	1	2	3	3	2	1	2	2	2	2	38
3	3	3	3	4	3	4	4	4	3	4	3	4	4	3	3	2	1	58
4	4	3	4	4	3	3	4	3	4	4	4	3	4	4	4	4	3	66
3	3	3	4	1	2	3	3	3	4	4	3	3	4	4	4	4	4	59
4	4	2	2	4	4	3	3	4	3	3	3	3	3	3	3	3	4	58
4	4	4	4	4	4	4	4	3	4	3	3	4	4	3	3	4	4	67
3	3	4	4	2	2	4	4	3	4	3	3	4	4	3	3	3	3	59
3	4	3	3	2	3	4	4	4	3	4	4	4	3	4	4	3	4	63
3	3	4	4	4	4	3	4	4	3	4	3	4	4	4	4	3	4	66

3	3	4	3	4	4	4	4	4	4	4	3	4	3	4	3	3	3	3	63
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