

**LITERATUR REVIEW ASPEK SPIRITUALITAS / RELIGIUSITAS
DAN PERAWATAN BERBASIS SPIRITUAL / RELIGIUS
PADA PASIEN KANKER**

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ABSTRAK

Latar belakang : Kanker merupakan penyakit mengancam jiwa yang dapat menimbulkan masalah bio-psiko-sosio-spiritual bagi penderitanya. Saat ini kajian tentang aspek spiritual/religius pada pasien kanker khususnya di Indonesia masih belum banyak dilakukan.

Tujuan : Menganalisis aspek spiritualitas/religiusitas, karakteristik aspek spiritual/religius dan perawatan berbasis spiritual/religius pada pasien kanker.

Metode Penelitian : Menggunakan literatur review dengan metode *scoping review*. Pengumpulan data dilakukan melalui penelusuran di internet menggunakan Google Scholar, PubMed, dan Proquest dengan kata kunci spiritual kanker, religius kanker pada jurnal yang diterbitkan tahun 2013-2018.

Hasil : Ditemukan 2.727 penelitian sesuai kata kunci. Dilakukan review terhadap 47 jurnal penelitian yang memenuhi kriteria inklusi. Didapatkan aspek spiritualitas/religiusitas : koping menggunakan spiritual/religius, keyakinan spiritual/religius, dukungan komunitas, transformasi spiritual/religius, dan ritual spiritual/religius. Karakteristik aspek spiritual/religius : penggunaan ajaran agama sebagai koping, penggunaan keyakinan terhadap Tuhan, kebutuhan terhadap keluarga dan komunitas, proses perkembangan spiritual/religius, dan terjadi peningkatan kegiatan ritual keagamaan. Perawatan berbasis spiritual/religios pada pasien kanker meliputi *spiritual healing*, MATCH, spiritual group terapi, SEFT, RIME, MBSR, psikoterapi spiritual, dan terapi terintegrasi di alam.

Kesimpulan : Terdapat lima aspek spiritualitas/religiusitas pada pasien kanker dan karakteristiknya merupakan komponen yang penting diketahui oleh perawat dalam pemberian asuhan keperawatan terhadap pasien kanker.

Kata Kunci : perawatan spiritual, perawatan religius, kanker

**SPIRITUALITY / RELIGIOUSITY ASPECTS
AND SPIRITUAL / RELIGIOUS BASED CARE
IN CANCER PATIENT : A LITERATURE REVIEW**

Imron Rosyadi

ABSTRACT

Background : *Cancer is a serious and life-threatening disease that can cause bio-psycho-socio-spiritual problems to cancer patients. At present there are not many spiritual/ religious aspects studies on cancer patients in Indonesia.*

Objective : *This study aimed to analyze spiritual/religious aspects , characteristics of religious spiritual aspects and spiritual/religious based care in cancer patients.*

Method : *A literature review with scoping review method. Data collection through searching on the internet using Google Scholar, PubMed, and Proquest with the keywords spiritual cancer, religious cancer from 2013-2018.*

Results : *Found 2,727 studies according to keywords. A review of 47 research journals that met the inclusion criteria was carried out. Obtained aspects of spirituality / religiosity: coping using spiritual / religious, spiritual / religious beliefs, community support, spiritual / religious transformation, and spiritual / religious rituals. Characteristics of the spiritual / religious aspects: the use of religious as coping, the use of beliefs in God, the need for family and community, the process of spiritual / religious development, and an increase in religious ritual activities. Spiritual/religious care for cancer patients: spiritual healing, MATCH, spiritual group therapy, SEFT, RIME, MBSR, spiritual psychotherapy, and natural therapy.*

Conclusion : *There are five spirituality / religiosity aspects in cancer patients and their characteristics are components that important to be known by nurses in providing nursing care to cancer patients..*

Keywords: *spiritual care, religious care, cancer*