

**The Correlation Between Students' Positive Self-Talk
Strategy and Their Speaking Performance in Oral
Presentation**

Statement of Authenticity

I am a student with the following identity:

Name : Heryanti Novitasari
NIM : 20140810097
Program Study : English Language Education
Faculty : Faculty of Language Education
University : Universitas Muhammadiyah Yogyakarta

Certify that *skripsi* with the title “The Correlation between Students’ Positive Self-Talk Strategy and Their Speaking Performance in Oral Presentation” is definitely result of my own work.

I am completely responsible for the content of this paper. Others’ opinion and results included in this *skripsi* are quoted in accordance with ethical standards.

Yogyakarta, 19th of December 2018

Heryanti Novitasari

Nim.20140810097

Motto

“Hasbunallah Wanikmal Wakil Nikmal Maula Wanikman Nasir”

*‘Cukuplah Allah sebagai penolong kami, dan Allah adalah sebaik-baiknya
pelindung’*

Acknowledgement

In the name of Allah, the most gracious, the most merciful. All praises belong to Allah who has given His blessing and mercy so that the researcher endeavored and strived to complete this research efficaciously.

Hereby, as the research accomplished, researcher would like to expresses the appreciative gratitude to:

1. My family. The biggest thank you and love for all of my family.

Especially for My Mom and my Dad, I would like to say thank you very much for your support mentally and financially for me.

Thanks to both of you, finally I was able to reach this stage. Thank you because you never give up on encouraging me and always trust me. Then, I would like to say thank you for my brother (Yadi) and sisters (Ani and Ana) too. Thank you very much for your supports. All of you is the greatest family in this world.

2. My Supervisor. Thank you for my beloved supervisor Miss Puput Arfiandhani for the patience, suggestion, and help in order to finish my *Skripsi*.

3. My Examiners. Thank you for the greatest eximeners Mister Andi Wirantaka and Miss Eko Purwanti for your help and support for my *Skripsi*.

4. My Cats. I will not forget to thank my dear cats choppa, boy, nunu, mochi, yiyi, oden, nyil, sita and also bongsu. Thank you for being my mood booster.
5. My motorcycle. Both of us have struggled to reach this point. Wether it's when it's raining or hot, from near or far. Do not let us forget every step we have stepped.
6. My friends. Annisa Nurul, Maudy Sekar Arum, and Winda Rahmawati, thank for all of you too. All of you are great. Super duper GREAT.
7. My Bestfriends. Retno Inten Harwandi, Revy Gustiara, Handa Jayani, and Dwi Putri Suryani, you guys so COOL. Never forget to support each other. Love you.
8. My Bestie. This stage is speacial stage for Kurnia Secar Aprilia, the best bestie in my world. Not trying to be excessive, but you deserve it. Let's starts thinking positively about ourselves. We CAN do that.

Yogyakarta, 19th of December 2018

Heryanti Novitasari

Nim.20140810097

Table of Contents

Approval Page	ii
Statement of Authenticity	iii
Motto	iv
Acknowledgment	v
Table of Contents	vii
List of Table	xii
List of Figure	xiii
List of Appendices	xiv
Abstract	xv
Chapter One.....	1
Introduction	1
Background of the Research.....	1
The Statements of the Problem.....	4
The Delimitation of the Research	5
The Research Questions	6
The Objectives of the Study.....	6
The Significance of the Study.....	7
For students	7
For the researcher	7

For the other researchers	7
Organization of the Chapter.....	7
Chapter Two	9
Literature Review	9
Speaking Performance.....	9
Grammar.	9
Vocabulary	10
Comprehension.....	10
Pronunciation.....	10
Fluency.....	11
Oral Presentation.....	11
Language Learning Strategies.....	13
Metacognitive strategies	13
Social/affective strategies.....	13
Cognitive strategies.....	14
Self-Talk Strategies	14
Positive Self-Talk Strategy	15
Benefits of positive self-talk strategy.	16
Conceptual Framework	18
Hypothesis	19

Alternative hypothesis (H1)	19
Chapter Three	20
Research Methodology	20
Research Design.....	20
Research Setting.....	21
Research Population and Sample	21
Population.....	21
Sample.....	22
Instruments of the Research.....	23
Questionnaire.....	23
Document of students' speaking score	24
Data Collection Procedure.....	25
Validity and Reliability	26
Validity.....	26
Reliability.....	29
Data Analysis	31
Chapter Four.....	37
Result and Discussion	37
Results and Discussion	37
Result 1. Students' Positive Self-Talk Strategy.	37

Discussion 1. Students' positive self-talk strategy	39
Result 2. Students' Speaking Performance in Oral Presentation.	39
Discussion 2. Students' speaking performance in oral presentation	41
Result 3. The Correlation between Students' Positive Self-Talk Strategy and Their Speaking Performance in Oral Presentation	42
Discussion 3. The correlation between students' positive self-talk strategy and their speaking performance in oral presentation.	45
Chapter Five	47
Conclusion and Recommendation	47
Conclusion	47
Recommendations	49
Students.....	49
Teacher.....	50
Other researchers.	50
References	51
Appendices	56
Appendix A. The Result of Students' Positive Self-Talk Strategy.....	56
Appendix B. Descriptive Statistic of Total Score Item (Questionnaire)	57
Appendix C. Descriptive Statistic Result for Students' Speaking Performance in Oral Presentation.....	58

Appendix D. The Result of Normality Test.....	59
Appendix E. The Correlation between Students' Positive Self-Talk Strategy and Their Speaking Performance in Oral Presentation.....	59
Appendix F. Questionnaire	59
Appendix G. The Result of Expert Judgments	61

List of Table

Table 3.1. The criteria of validity	27
Table 3.2. The Result of Aiken Coefficient for Students' Positive Self-Talk Strategy Questionnaire	28
Table 3.3. The criterias of realibility of Crobach's Alpha	29
Table 3.4. The Result of Reliability Test	30
Table 3.5. The Result of Reliability Test Per-Items	31
Table 3.6. The categories of students' positive self-talk strategy in oral presentation	33
Table 3.7. The Response scale of students' positive self-talk strategy in oral presentation.....	34
Table 3.8. The categories of students' speaking performance in oral presentation	35
Table 3.9. Degree of association	36
Table 4.1. The Result of Students' Speaking Performance	39
Table 4.3. One-Sample Kolmogorov-Smirnov test	43
Table 4.4. Descriptive Statistic of Skewness and Kurtosis	43
Table 4.5. The Result of Normality Test	44
Table 4.6. The Result of Correlation Test	45

List of Figure

Figure 1. Conceptual Framework	19
Figure 2. Histogram of Students' Positive Self-Talk Strategy	38
Figure 3. Histogram of Students' Speaking Performance in Oral Presentation	40

List of Appendices

Appendix A. The Result of Students' Positive Self-Talk Strategy	56
Appendix B. Descriptive Statistic of Total Score Item (Questionnaire)	57
Appendix C. Descriptive Statistic Result for Students' Speaking Performance in Oral Presentation	58
Appendix D. The Result of Normality Test	59
Appendix E. The Correlation between Students' Positive Self-Talk Strategy and Their Speaking Performance in Oral Presentation	59
Appendix F. Questionnaire	59
Appendix G. The Result of Expert Judgments	61