

## **Chapter Two**

### **Literature Review**

In this chapter, the researcher explains about the definition of regulation, school regulation and the implementation of school regulations based on experts' opinion. Aside from school regulations, this chapter also explains about the definition of students' discipline. In the last of this chapter two, it presents about the review of related study, the conceptual framework, and hypothesis related to this study.

#### **Regulation**

Regulation is the one of adjustment of rules that should be followed by people in an environment. If the student does not follow the regulation they will get some kind of punishment. According to Atifah (2006), regulation is a set of written rules that binds people. An example of this is school regulations that contain obligation, necessity and prohibition. According to Untara and Indonesia teachers' forum (2013), regulation is a set of decisions which should be obeyed by people. Besides, Untara also stated that regulation should be obeyed to make everything more organized and comfortable. Hence, regulation is also rules regarding the do's and don'ts of everything in this world.

Atifah (2006) argued that regulation is very implicit, and it limits the latitude or "independency" in every individual person and also helps build community norms as guidelines so that people become well-ordered and orderly. In the other hand, Atifah also mention that regulation will guide people to understand about what they should do in their life, and the morals involved in it. Therefore, people will find so many rules in their life which they should obey.

Mussa (2015) Regulation is important in someone's life since it makes the people more organized to do something. Also, it enables the people to stop the bad behavior and attitude in

their life. Moreover, it supports the community norms because the people feel in a comfort situation.

Aryani stated that regulations become an important role in education because it can influence the people to have a good attitude in their own life (as cited in Atifah, 2006). Also, it makes the people more discipline and be able to understand about the roles and responsibilities in their life.

### **Types of Regulation**

There are two types of regulation, and those are consensus regulation and written regulation. According to Widodo, consensus regulation is a process of making decision that seeks widespread agreement among group member (as cited in Muiz, 2010, p. 10). Consensus is a of rules about making decisions. For example, in a school, the students need to respect other friends at school, and in outside of school, they need to be friendly when meeting teachers and other friends.

Referring Renda, Schrefler, Luchetta, & Zavatta, (2013), another form of regulations is written regulation. A written regulation is a regulation written by the policy maker. The examples of written regulation are school regulation, business regulation, and government regulation. Written regulation is good to make people understand and remember about do's and don'ts. Also, school regulation is a written regulation because in every school, the regulations should be distributed to the teacher, staff school and the students.

### **School Regulation**

School regulation is one of the rules forming written rules. Besides, it will bind people in a school including teachers, administrative staff, and students. Leblanc (1997), school regulation is a willingness to obey certain rules about daily life in a school. School regulation is arranged in

accordance to regulate the behavior of the teachers, students, and school administrators.

Generally, school regulation can be explained as a rule that should be obeyed by the entire school body as the education taking place in a learning process. Therefore, the implementations of school regulation will go well if the teacher, students, and school staff follow the regulation itself.

According to Mussa (2015), school regulation and agreement are approved by all school citizens to build good discipline in school. In this situation, the policy maker made the regulations to bring the school together in a peaceful and comfortable situation. Regulation is also created to make sure that the students, the teachers, and the school staff knows their responsibility.

### **The Purposes of School Regulation**

In general, school regulations need to be obeyed by everyone in that school. School regulations are needed because people must be discipline and responsible. According to Lukas (as cited in Heyes, 2010), being disciplined is very important to create efficiency in the education system. Lukas also mentioned that school regulation is important because to train students' and teachers' mentality, they need obey the norms in a school. Also, purpose of school regulations is to make people know their responsibility as a part of the school. The other purpose for school regulation at the school is to educate students to be good students

The purpose of enforcing school regulations is to make students, teachers, school staff, and stakeholders know their job and responsibility (Irwansa, 2015). School regulation enforcement is important to make the school better for those who want a discipline of life. When the school applies school regulations, it is good for all of the community in a school because it can make them become more educated in the future. According to Danisewicz, McGowan,

Onali, & Schaeck (2013) by giving a punishment, it will help the students to know their mistakes, and they will reflect their own selves. Additionally, education is an important part of a school, and school regulation enforcement is also the part of education. By conducting the regulation in the school, it will be able to prepare the students to be better students in the future because they discipline in the way they are. According to Leblanc (1997), the other purpose of school regulation enforcement is to create a peaceful situation for people at school and also to make good relations between students, teacher, and school staff.

There are some benefits in school regulation enforcement. With regard to Renda et al (2013) benefits of enforcing school regulations include educating the students about being discipline and responsibility, making effective activities, teaching the students about integrity, and keeping the school comfortable and teach them about togetherness. There are a lot of benefits in implementing school regulation. Yahaya, Ramli, Hashim, Ibrahim, Rahman, & Yahaya, (2009) stated that the benefits will be different in every school, people in a school environment will get a benefit from following school regulations. Those benefits will affect the people and the school itself. People will feel that they have a good responsibility in following the rules, and they will get a benefit for the school. Hence, the school will look better if people follow the rules inside the school and implement them outside the school.

### **The implementation of School Regulation**

The implementation of school regulation is based on the school itself. Different schools will have different ways or methods in applying school regulation. It depends on the headmaster of the school. In a school, the regulations should be clear and systematic. Also, the school should make sure that the regulation is applied in the beginning of the semester. Every student, teacher and school staff should understand about the consequences of breaking the rules. The

implementations of school regulation should explain clearly because everyone in the school should pay attention and follow the rules if they do not want to get a punishment. Likewise, Wahyudin (2014) stated that the students and teachers are also a part of the school regulation, and they must follow the rules. They will get a punishment if they disobey the rules, and it is very embarrassing for them.

### **The School Regulation Enforcement**

Research indicates that there are many important things on why school regulation enforcement should be operated. Yuliyantika (2017) found that applying regulation in school is much needed for students' discipline in school. Besides, discipline is the key of the success. Maria (2013) revealed that school regulation enhances students' discipline. This study shows that by following the school rules and regulation. The students will enhance discipline in secondary schools in Kangundo Division. This study investigated the effectiveness of school regulation in secondary school in the Kangundo Division. The discipline of the students should be increased if they follow the rules of the school. All of the studies found that school regulation is the way to make students more disciplined at school. Therefore, the regulation should be applied to every student in the school. Moreover, school regulation enforcement is important for the teacher to ensure students' learning success in the future, and it is one of the keys for being successful students.

The school regulation enforcement depends of the school itself. The school regulation enforcement should be clear enough to gain teacher, staff and especially students' attention. It is better if everyone in the school understands the regulations. Also, the school regulations enforcement should happen because it is important to make the community in a school more disciplined (Mussa, 2015). People in a school such as teacher, students and school staff will

follow the rules if the rules are clear. Besides, if the school itself shows the punishment or the consequence, people will break the rules. Most of people will be more willing to follow the rules if they think that they are part of a school and to show to the people that the school is better than the others. Also, they will think that school is their second home, and they must protect it and follow the regulations. Kimani (2013) maintained that students and teachers are expected to follow the school rules when coming up on the school grounds, representing the school, attending a school activity or when clearly associated with the school.

A teacher's job is to make students to be better people. According to study from Yuliyantika (2017), one of the factors which make students unaware about the school regulations is that the school does not apply the regulations in a distinct way. This is one of the problems of school regulations enforcement. If the school does not explain the rules thoroughly, the students will be unaware of the regulations. Moreover, study from Maria (2013) asserted that the problem of applying school regulation is school which includes no enforcement actions of school regulations in a school. Enforcement actions are used to make the teacher and students aware about the school regulations. Both Studies found that the problem of school regulations enforcement causes by the school itself. If the school does not explain the rules clearly, the students will be unaware of the regulations. The school must be prepared well to enforce the school regulations to make sure all the students, teachers, school staffs and stake holders will follow the rules and understand the consequences if they break the rules. Thus, the school needs to make sure that the school rules and regulation is easy to understand, so school will be easy to enforce the rules. Besides, teachers and staffs need to support and give a good example in enforcing the rules at school.

## **Discipline**

Discipline is a key in helping students learn successfully. One of the reasons is that students should have discipline since they will be more willing to study outside or inside the classroom. The best way to know the students' discipline in learning is by looking at their efforts to be a good student at school. Discipline is an important component of human behavior as it directly defines the character of human being. Kimani (2013) stated that some school successful growth and development are determined by the discipline standard of its stakeholders.

According to Otieno (2012) discipline is a system of guiding the learners to make reasonable decision. He further observed that well management of discipline saved substantial resources and time from the stakeholders. Besides, the students at school are the target to be educated in discipline. Becoming discipline students, they can be easier to obey the school management system. The stakeholders will be easily to manage the students when they have a discipline in their life. As discipline students, they will be responsible with the school, environment and the society. Gitome, et al (2013) argued that discipline among students is highly valued because it makes students to be responsible citizens and responsible members of society.

### **Discipline Influencing Factor**

Ekosiswoyo and Rachman (2000) (as cited in Yuliantika, 2017) mentioned that there are two factors of influencing discipline, and those are internal factor and external factor. Internal factor can influence the discipline of students themselves. If the students have confidence to be good students, they will be easier to be discipline students at school. In the external factor of the school, the type of teacher leadership or authoritarian school affect positive factor that the students will become apathetic students and want to revolt. Another external factor comes from

the environment of the school. For instance, the school does not have a good regulation or the teacher let the students do something wrong leading them to be indiscipline students.

### **Characteristic of Discipline Students at School**

Obeying the regulation at school is the example of discipline students at school. Hyman and Snock stated that characteristic of the discipline students at school uses appropriate uniforms, come to the school on time, and have a good attitude and responsibility in learning (as cited in gunawan, 2012, p. 226). He also observed about the characteristic of discipline including about to obey the rules and regulation at school. Four characteristics of students' discipline mentioned above involve as a part of school rules and regulation. To know the characteristic in becoming discipline students should be related to the school regulation. The correlation between school regulation enforcement and students' discipline school rules and regulation is a part of becoming discipline students. According to Yuliantika (2017), school regulation enforcement is one of the factors influencing students in discipline at school. School regulation is needed in school to make the school conducive and comfortable. Besides, the environment is one of the characteristic in becoming discipline students at school.

Maria (2013) stated that school regulation increases students discipline at school. People around the school must obey the school regulation that has already existed before. Students who obey the rules will be discipline students because they care with the school and the environment at school. The correlation between school regulation enforcement and students' discipline is that students will be discipline if they obey the school rules and regulation. As students, being discipline is important for the good life and future. Yuliantika (2017) stated that Obeying rules and regulation at school is very good idea to promote students' discipline at school.



## **Review of Related Studies**

There are many studies related to this research, but the researcher only takes two related studies. The first study is a study conducted by Maria (2003) entitled “The effectiveness of school rules and regulation in enhancing discipline in public secondary school in Kangundo Division Machakos County, Kenya”. In this study, the researcher observed about the relation of school rules and regulation and discipline. Also, this study identified of the effectiveness school rules and regulation in enhancing the discipline. There are 140 students as the sample of this study. This study showed that the school rules and effective regulations to enhance discipline. Besides, school rules and regulations were implemented in such a way to enhance students’ discipline at the school under the study. In regard to this study, obeying the rules could increase the discipline of the students, and parents’ support is also needed for the discipline rule. The finding shows that there was relation between school regulation and students’ discipline.

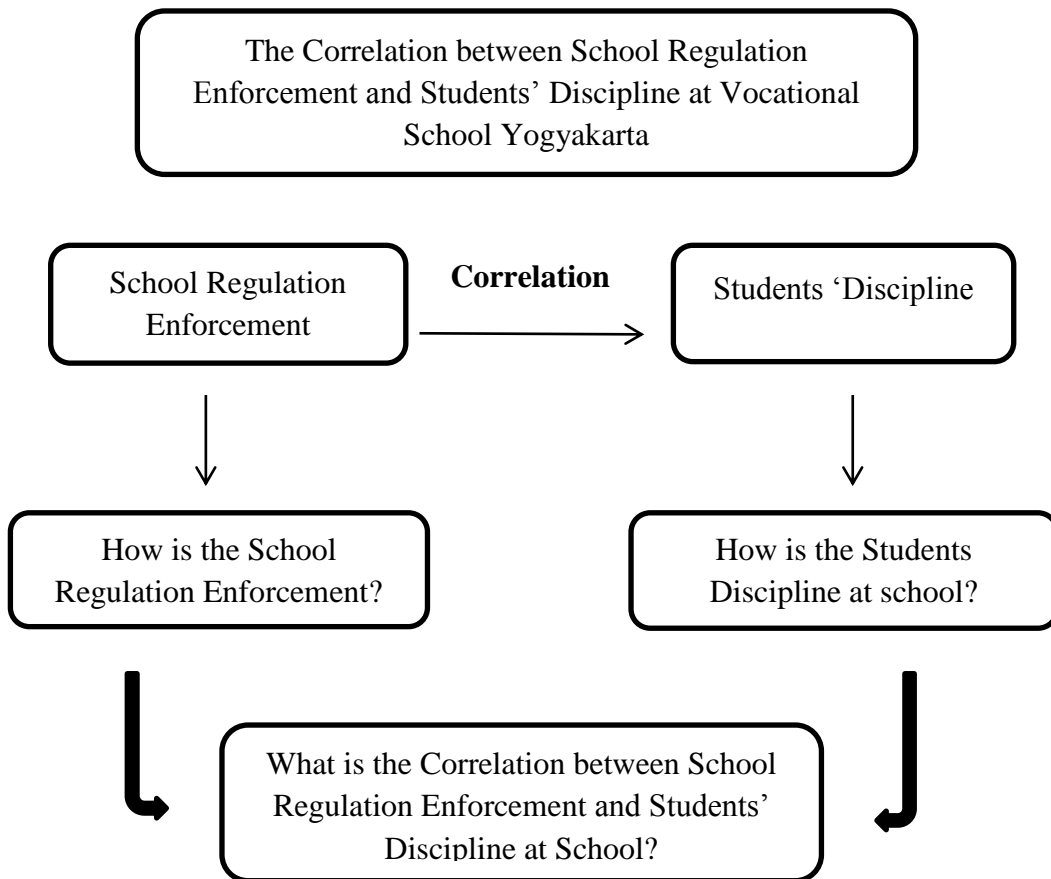
The second study related to this research is from Yuliantika (2017) about “The influence of students’ discipline in learning grade X, XI, XII in Senior High School Students Bakti Yasa Singaraja 2016/2017”. In this study, the researcher observed about influence factor of discipline and the dominant of discipline influence factor in learning process. The sample of this study is students in grade ten (X), eleventh (XI), and third (XII). Additionally, the findings of the research showed that there were five factors affecting students’ discipline in learning, and those factors were the physical condition, the psychic condition, family habit, school rules and regulations, and environment. Thus, the most dominant factor in influence the students discipline in learning was school rules and regulations with average score of 38.782%. In this finding, the findings showed that there was a correlation between obeying school regulation and students’ discipline in learning process.

## Conceptual Framework

The researcher investigated the correlation between school regulation enforcement and students' discipline. The researcher wants to know about the level and the correlation of each variable in this study. The correlation may be illustrated in the following figure.

Figure 1

### *Conceptual Framework*



## **Hypothesis**

Hypothesis is a statement of prediction that will be tested in a research. In this study, it consists of alternative hypothesis (Ha).

Ha: there is a significant correlation between school regulation enforcement and students' discipline.