

DAFTAR PUSTAKA

- Al-Quran dan Terjemahannya. 2014. Jakarta: Departemen Agama RI.
- Amelia, M. A. (2016). Perbandingan Tingkat Depresi Antara Mahasiswa Yang Tinggal Dengan Orangtua Dan Tinggal Sendiri Pada Mahasiswa Program Studi Ilmu Keperawatan.
- Astuti, T. P., & Hartati, S. (2013). Dukungan Sosial Pada Mahasiswa Yang Sedang Menyusun Skripsi (Studi Fenomenologis Pada Mahasiswa Fakultas Psikologi UNDIP). *Jurnal Psikologi Undip*, 69-81.
- Azzahra, F. (2017). Pengaruh Resiliensi Terhadap Distress Psikologi Pada Mahasiswa. *Jurnal Ilmiah Psikologi Terapan*, 80-96.
- Badan Pusat Statistik. (2018). *Presentase Penduduk Menurut Provinsi dan Jenis Kelamin*.
- Beck, A. T. (2006). *Depression: Causes and Treatment*. Philadelphia: University of Pennsylvania Press.
- Beiter, R., Nash, R., McCrady, M., Rhoades, D., Linscomb, M., & Sammut, M. C. (2014, November 8). The prevalence and correlates of depression, anxiety, and stress in a sample of college students. *Journal of Affective Disorder*, 90-96.
- Buku Panduan Akademik 2014/2015*. (n.d.). Universitas Muhammadiyah Yogyakarta.
- Dachew, B. A., Bisetegn, T. A., & Gebremariam, R. B. (2015). Prevalence of Mental Distress and Associated Factors among Undergraduate Students of University of Gondar, Northwest Ethiopia: A Cross-Sectional Institutional Based Study. *Plos One*.
- Deatherage, S., Servaty-Seib, H., & Aksoz, I. (2014). Stress, Coping and Internet Use of College Students. *Journal of American College Health*, 40-46.
- Deb, S., Banu, P. R., Thomas, S., Vardhan, R. V., Rao, P. T., & Khawaja, N. (2016). Depression Among Indian University Students and Its Association with Perceived University Academic Environment, Living Arrangements and Personal Issues. *Asian Journal Of Psychiatry*, 108-117.
- Djaali, N. A., & Sappaile, D. N. (2013). A Systematic Review: Group Counselling for Older People With Depression. *2nd International Seminar on Quality and Affordable Education*.

- Farrer, L. M., Guliver, A., Bennett, K., Fassnacht, D. B., & Griffiths, K. M. (2016). Demographic and psychosocial predictors of major depression and generalised anxiety disorder in Australian university students. *BMC Psychiatry*. doi:10.1186/s128888-016-0961-z.
- Ghayas, S., Shamim, S., Anjum, F., & Hussain, M. (2014, october). Prevalence and Severity of Depression among Undergraduate Students in Karachi, Pakistan: A Cross Sectional Study. *Tropical Journal of Pharmaceutical Research*, 1733-1738.
- Halter, M. J. (2014). *Varcarolis' Foundations of Psychiatric Mental Health Nursing Seventh Edition*. Saunders: Elsevier.
- Hartaji, D. A. (2012). *Motivasi Berprestasi Pada Mahasiswa yang Berkuliah Dengan Jurusan Pilihan Orangtua. Fakultas Psikologi Universitas Gunadarma*. (tidak diterbitkan).
- Heidari, F. G., Pahlavanzadeh, S., Ghadam, M. S., Dehghan, M., & Ider, R. (2016). The Realltionship Between Religiosity and Depression Among Medical Students. *Asian Journal of Nursing Education and Research*, 414-418.
- Ibrahim, A. K., Kelly, S. J., Adams, C. E., & Glazebrook, C. (2013). A Systematic Review of Student of Depression Prevalence in University Student. *Journal of Psychiatric Research* 47, 391 - 400.
- Kamus Besar Bahasa Indonesia Online. <http://kbbi.web.id/mahasiswa> . Diakses pada tanggal 20 Juni 2017.
- Kany, A. (2015). Hubungan antara citra tubuh dengan konsep diri pada wanita yang melakukan olahraga kebugaran di Jetset fitness center Palembang. *Jurnal Psikologi Universitas Bina Darma Palembang*, 1-11.
- Karmakar, T., & Behera, S. K. (2017). Depression among the College Students: An Empirical Study. *Educational Quest: An Int. J. of Education and Applied Social Science: Vol. 8, No. 1*, 163-170.
- Khan, S., Ali, S., & Khan, R. (2015). Symptoms of Depression in Emerging Adults. *Ann Psychiatry Ment Health* 3(7):1050.
- Krisdianto, M. A., & Mulyanti. (2015). Mekanisme Koping Berhubungan dengan Tingkat Depresi pada Mahasiswa Tingkat Akhir. *Jurnal Ners dan Kebidanan Indonesia, Vol. 3, No. 2*, 71-76.
- Machfoedz, I. (2015). *Bio Statistika* . Yogyakarta: Fitramaya.
- Maslim, R. (2011). *Diagnosa Gangguan Jiwa Rujukan Ringkas PPDJ-III*. Jakarta: PT. Nuh Jaya.

- Maulida, A. (2012). *Gambaran Tingkat Depresi Pada Mahasiswa Program Sarjana Yang Melakukan Konseling Di Badan Konseling Mahasiswa Universitas Indonesia. Skripsi*. Jakarta: Universitas Indonesia.
- Milojevich, H. M., & Lukowski, A. F. (2016). Sleep and Mental Health in Undergraduate Students with Generally Health Sleep Habits. *PLOS ONE*.
- Mojtabai, R., Olfson, M., & Han, B. (2016, December). National Trends in the Prevalence and Treatment of Depression in Adolescents and Young Adults. *PEDIATRICS*, 138.
- Naim, Mochtar. 2013. *Merantau Pola Migrasi Suku Minangkabau*. Jakarta: Raja Grafindo Persada.
- Nasir, A., dan Muhith, A. (2011). *Dasar-dasar Keperawatan Jiwa: Pengantar dan Teori*. Jakarta: Salemba Medika.
- National Institute of Mental Health (NIMH). (2012). *Depression and College Student: Answer to College Student's Frequently Asked Question About Depression*.
- Notoatmodjo, S. (2012). *Metodologi Penelitian Kesehatan*. Jakarta: Rineka Cipta.
- Nursalam. (2016). *Metodologi Penelitian Ilmu Keperawatan: Pendekatan Praktis Edisi 4*. Jakarta: Salemba Medika
- Othieno, C. J., Okoth, R. O., Peltzer, K., Pengbid, S., & Malla, L. O. (2014, August 20). Depression Among University Students in Kenya: Prevalence and Sociodemographic Correlates. *Journal of Affective Disorders*, 165, 120-125.
- Pambudi, A. N. (2016). *Hubungan Nilai Budaya Jawa Rukun dan Nrimo dengan Subjective Well-Being Suku Jawa*. Malang.
- Peltzer, K., Supa Pengpid, S. O., & Olasupo, M. (2013). Depression and Associated Factors Among University Student in Western Nigeria. *Journal of Psychology in Africa*, 459-466.
- Potter, P. A., & Perry, A. G. (2009). *Fundamental Keperawatan Edisi 7*. Jakarta: Salemba Medika.
- Putra, I. P. (2016). Gambaran Tingkat Depresi dan Obesitas Pada Mahasiswa Fakultas Kedokteran Angkatan 2013 Universitas Warmadewa Denpasar Bali. *E-Jurnal Medika*, Vol. 5 No. 5, 1-4.
- Riset Kesehatan Dasar (Riskesdas) 2013. Badan Penelitian Dan Pengembangan Kesehatan, Kementerian Kesehatan RI, Jakarta.

- S, K., S, D. S., & M, L. (2014). Prevalence and Correlates of Depression among College going students of District Amritsar, India. *International Research Journal of Medical Sciences ISSN 2320 –7353 Vol. 2(11)*, 5-9.
- Sarokhani, D., Delpisheh, A., Veisani, Y., Sarokhani, M. T., Manesh, R. E., & Sayehmiri, K. (2013). Prevalence of Depression among University Students: A Systematic Review and Meta-Analysis Study. *Depression Research and Treatment*, 2013, 1–7. <https://doi.org/10.1155/2013/373857>
- Stuart, G. W. (2013). *Principles and Practice of Psychiatric Nursing*. Mosby: Elsevier Inc.
- Stuart, G. W. (2016). *Prinsip dan Praktik Keperawatan Kesehatan Jiwa Stuart Edisi Indonesia*. Singapore: Elsevier.
- Tampubolan, S. M. (Oktober 2013). Mengembangkan Kecerdasan Spiritual Mahasiswa Di Perguruan Tinggi. *HUMANORA Vol. 4 No.2*, 1203-1211.
- Tapas Karmakar, S. K. (2017, April). Depression among the College Students: An Empirical Study. *Educational Quest: An Int. J. of Educational and Applied Social Science*, 8, No. 1, 163-170. doi:10.5958/2230-7311.2017.00024.1
- Thurber, C. A., & Walton, E. A. (2012). Homesickness and adjustment in university students. *Journal of American College Health*, 60(5), 415–419.
- Townsend, M. C. (2014). *Essentials of psychiatric mental health nursing: concepts of care in evidence-based practice* (6th ed). Philadelphia: F.A. Davis Co.
- Townsend, M. C. (2015). *Psychiatric Nursing: Assessment, Care Plans and Medications 9th Edition*. Philadelphia: F. A. Davis Company.
- Verma, V. K., & Kumari, P. (2018). Depression as a Function of Coping Strategies and Stress amongst College Students. *International Journal of Innovative Knowledge Concepts, Volume VI*.
- Wahed, W. Y., & Hassan, S. K. (2016). Prevalence and associated factors of stress, anxiety and depression among medical Fayoum University students. *Alexandria Journal of Medicine*, 77-84.
- Wijayanti, H., & Nurwianti, F. (2010). Kekuatan Karakter dan Kebahagiaan Pada Suku Jawa. *Jurnal Psikologi*, 114-122.

World Health Organization (WHO).(2017). Depression and other common mental disorders: global health estimates.

Yosep, H. I., dan Sutini, T. (2016). *Buku Ajar Keperawatab Jiwa (Psychiatric Mental Health Nursing)*. Jakarta: ECG.