

DAFTAR PUSTAKA

- Aboyans, V., Criqui, M., Abraham, P., Allison, M., Creager, M., Diehm, C., et al. (2012). Measurement And Interpretation of The Ankle Brachial Index A Scientific Statement From The American Heart Association Rational For Standardization of The ABI. *AHA Journal*.
- Akram, J., Aamir, A. U., Qureshi, M. S., Mehmood, T., Shahid, S. K., Khoso. I. A., et al., (2011). Prevalence Of Peripheral Arterial Disease In Type 2 Diabetics In Pakistan. *J Pak Med Assoc*, 644 – 648.
- American Diabetes Association (2014). Diagnosis and Classification of Diabetes Melitus. *Diabetes Care*, Volume 37, Supplement 1. Diakses pada Januari 2014 dari <http://creativecommons.org/licenses/by-nc-nd/3.0/> fordetails.
- Anani, S., Udiyono, A., Ginanjar, P., (2012). Hubungan Antara Perilaku Pengendalian Diabetes Dan Kadar Gula Darah Pasien Rawat Jalan Diabetes Melitus (Studi Kasus Di RSUD Arjawinangun Kabupaten Cirebon). *Jurnal Kesehatan Masyarakat*. 1:466-478.
- Antono, D., & Hamonangani, R. (2014). *Penyakit Arteri Perifer*. Dalam S. Setiati, I. Alwi, A. W. Sudoyo, & Simadibrata. Ed. VI, Vol 2, P 1591. Jakarta: Interna Publishing.
- Ariyanti et al. (2012). Hubungan Antara Perawatan Kaki dengan Risiko Ulkus Kaki Diabetes di Rumah Sakit PKU Muhammadiyah Yogyakarta. Tesis. Universitas Indonesia. Jakarta.
- Aruna & Thenmozhi, (2015). Effectiveness of Allen Buerger Exercise in Preventing Peripheral Arterial Disease Among People With Type II Diabetes Melitus. *International Journal of Pharma and Biosciences*. Vol. 6 (2): (B) 966-970.
- Baker.L.K. dan Denyes, M.J. (2008). Predictors of Self-Care in Adolescents with Cystic Fibrosis: A Test af Orem's Theories of Self-Care and Self-Care Deficit. *Journal of Pediatric Nursing*, 23 (1), 37-48
- Baradero, M. (2005). *Klien Gangguan Endokrin; Seri Asuhan Keperawatan*. Diterjemahkan: Monica, et al. Jakarta: Penerbit Buku Kedokteran EGC.
- Berawi, K. N., Fiana, D. N., Putri, A. (2013). Pengaruh Senam Aerobik Terhadap Kadar Gula Darah Puasa Pada Peserta Senam Aerobik Di Pusat Kebugaran Sonia Bandar Lampung. *Med Jour Lamp Univ*. Vol. 4, No. 36-43.
- Bilous, R. & Donnelly, R. (2014). *Buku Penanganan Diabetes*. Ed. 4. P 13-16. Jakarta: Bumi Medika.

- Black, J. M., & Hawks, J. H. (2009). *Medical Surgical Nursing Clinical Management For Positive Outcomes*. (R.G. Carrol & S. Quallich, eds. 8 th ed., Vol 1). United Stated America: Saunders Elsevier.
- Bundo, M., Urrea, M., Munoz, L., Llussa, J., Fores, R., & Toran, P. (2013). Correlation Between Toe-Brachial Index And Ankle-Brachial Index In Patients With Diabetes Mellitus Type 2. *Medicina Clinica*, 140 (9), 390-394. doi: 10.1016/j.medcli.2012.03.012.
- Brands, A. M. A., Henselmans, J. M. L., de Haan, E. H. F., & Biessels, G. J. (2003). Diabetic Encephalopathy: An Underexposed Complication Of Diabetes Mellitus. *Nederlands Tijdschrift Voor Geneeskunde*, 147 (1), 11-14.
- Chang, C.F., Chang, C.C., Chen, M.Y., (2015). Effect of Buerger's Exercise on Improving Peripheral Circulation.: A Systematic Review. *Scientific Reset Publishing*. Vol. 5 No. 120-128.
- Chang, C.C., Chen, M.Y., Shen, J.H, Lin, Y.B., Hsu, W.W., Lin, B.S. (2016). A Quantitative Real-Time Assesment of Buerger Exercise on Dorsal Foot Peripheral Skin Sirculation in Patient With Diabetes Foot. *Journal of Medicine*. Vol. 95 No. 46.
- Coffman JD, Eberhardt RT, Cannon CP. (2003). *Peripheral Arterial Disease*: Springer Science & Business Media.
- Copeland, R. J., Crank, H., Hall, A., & Milbourn, A. (2010). Be Active Promoting Physical Activity In Overweight People. *Practice Nursing*, 21 (11), 569-573.
- Corwin, Elizabeth J. (2009). *Buku Saku Patofisiologi*. Jakarta: EGC.
- Dali, M. (2007). *Diabetes Melitus Kadar Gula Darah*. Jakarta: Swadaya.
- Damayanti, S. (2015). *Diabetes Melitus & Penatalaksanaan Keperawatan*. Yogyakarta : Nuha Medika.
- Decroli, E. (2015). Iskemia pada Jari Tangan Penderita Diabetes Melitus: Suatu Keadaan Peripheral Arterial Disease. *Jurnal Kesehatan Andalas*. 2015; 4(2).
- Departemen Kesehatan Republik Indonesia. (2005) *Pharmaceutical Care Untuk Penyakit Diabetes Melitus*. Jakarta: Direktorat Bina Farmasi Komunitas Dan Klinik Direktorat Jenderal Bina Kefarmasian Dan Alat Kesehatan Departemen Kesehatan Republik Indonesia.
- Dorland, (2010). *Kamus Kedokteran*. Jakarta: EGC.
- Echeverry, D., Duran, P., Bonds, Curley., Lee, M., Mayer, B. D. (2007). Effect of Pharmacological Treatment of Depression on A1C and Quality of Life in Low-

- Income Hispanics and African American With Diabetes. *Diabetes Care*. Volume 32 Number 12.
- El-Sayed, Z. M. & Hassanein, S. M. A. M. I. (2015). Diabetic Foot Screening for Ulcer Detection : Suggested Customized Nursing Guideline at a University Hospital- Egypt. Vol. 10 No. 1.
- Eyre, H., Kahn, R., Robertson, R., Clark, N., Doyle, C., Gansler, T., *et al.* (2004). Preventing Cancer, Cardiovascular Disease, and Diabetes : A Common Agenda for the American Diabetes Association, and the American Heart Association. *CA: A Cancer Journal for Clinicians*. Volume 54. Issue 4.
- Fatimah, R. N. (2015). Diabetes Melitus Tipe 2. *Muhammadiyah Journal of Nursing*, Vol 4. No 5.
- Fauzi, L. & Anggorowati, L. (2013). Perbedaan Intensitas Jalan Kaki Terhadap Penurunan Kadar Glukosa Darah. *J Kes Mas*. Vol. 8 (2), No. 85-91.
- Fisher, L., Chesla, C., Skaff, M. M., Gilliss, C., Mullan, J. T., Bartz, R. J., Kanter, R. A., Lutz, C. P. (2000). The Family And Disease Management In Hispanic And European-American Patients With Type 2 Diabetes. *Journal Of Diabetes Care*. Volume 23, Supplement 3, 267-72.
- Fitria, A. (2009). *Diabetes Tips Pencegahan Preventif dan Penanganan*. Yogyakarta: Venus
- Fox, C., Anne, K. (2010). *Bersahabat Dengan Diabetes Tipe 2*. Jakarta: Penebar Plus.
- Frosig, C., Richter, & Erik, A. (2009). Improved Insulin Sensitivity After Exercise Focus On Insulin Signaling. *Obesity Journal*, 17 (3), S1-S20.
- Gibbs, B. B., Dobrosielski, D.A., Althouse, A.D., & Stewart, K.J. (2013). Effect Of Exercise Training On Ankle-Brachial Index In Type 2 Diabetes. *Atherosclerosis*. 230: 125-130.
- Gibney, M. J., *et al.* (2009). *Gizi Kesehatan Masyarakat*. Penerjemah: Andry Hartono. Jakarta: EGC.
- Guyton & Hall. (2007). *Fisiologi Kedokteran*, Ed. 11. Jakarta: EGC.
- Goud, M., Nayal, B., Devi S., Sathista, T., Shivashanker, S., Devaki, R., (2011). Relation Of Calculated Hba1c With Fasting Plasma Glucose And Duration Of Diabetes. *IJABPT*. 2:58-61.
- Hidayat, A. A. (2009). *Metode Penelitian Keperawatan dan Teknik Analisa Data*. Jakarta: Salemba Medika.

- Hidayat, A. A. (2014). *Metode Penelitian Keperawatan dan Teknik Analisa Data*. Jakarta : Salemba Medika.
- Hidayat, A. R. & Nurhayati, I. (2014). Perawatan Kaki Pada Penderita Diabetes Melitus Di Rumah. *Jurnal Permata Indonesia*, Volume 5. Nomer 2. Hal. 49-54.
- Hijriana, I., Suza, D. E., Ariani, Y. Pengaruh Latihan Pergerakan Sendi Ekstremitas Bawah Terhadap Nilai *Ankle Brachial Index (ABI)* Pada Pasien DM Tipe 2. *Idea Nursing Journal*. Vol. VII No. 2
- Hussein, R. N., Khther, S. A., Al-Hadithi, T., (2010). Impact Of Diabetes On Physical And Psychological Aspect Of Quality Of Life Of Diabetes In Erbil City, Iraq. *Duhok Med J*. 4 (2) 45-59.
- Ilyas, E. (2011). *Buku Ajar Ilmu Penyakit Dalam*. Jilid 3. Ed. 4. Jakarta: Departemen Ilmu Penyakit Dalam FKUI.
- International Diabetes Federation (IDF). (2014). *IDF Diabetes Atlas Sixth Edition, International Diabetes Federation (IDF)*. Belgium: World Diabetes Foundation.
- Javanbakht, M., Abolhasani, F., Mashayekhi, A., Baradaran, H. R., Jahangirinoudeh (2012). Health Related Quality Of Life In Patient With Type 2 Diabetes Mellitus In Iran: National Survey. *Plos One Journal*. Vol. 7 (8). 1-9.
- Jonas S, Phillips EM. (2008). *ACSM's exercise is medicine. A Clinician's Guide To Exercise Prescription*. Philadelphia: Lippincott Williams & Wilkins.
- Jordan, Sue. 2002. *Farmakologi Kebidanan*. Terjemahaan: Andry dan Monica. Jakarta: Penerbit Buku Kedokteran EGC.
- Kemendes RI. (2014). Infodatin Pusat Data Dan Informasi Kementerian Kesehatan RI. Jakarta: Pusat Data Dan Informasi. Diakses pada 14 November dari https://www.google.co.id/?gws_rd=cr,ssl&ei=ax6OWK29JIGfUPmutAO#q=infodatin+diabetes.
- Knowler WC., Barrett-Connor E, Fowler SE., Hamman RF., Lachin JM., Walker EA., Nathan DM. (2002). Reduction In The Incidence Of Type 2 Diabetes Melitus With Lifestyle Intervention Or Metformin. *New England Journal of Medicine*, 346 (6) : 393-403.
- Kusniyah, Y., Nursiswati, Rahayu, U. (2010). Hubungan Tingkat *Self-Care* Dengan Tingkat HbA1c Pada Klien Diabetes Melitus Tipe 2. *Journal UNPAD*. No. 1-7.
- Ledoux. W., Shofer, J., Cowley, M., Ahroni, J., Cohen, V., Boyko, E. (2013). Diabetic Foot Ulcer Incidence In Relation To Plantar Pressure Magnitude And Measurement Location. *Journal of Diabetes and Its Complications* (27) (621–626).

- Lee, C., Chang, C., Chen, C., Lai, L., Chang, F., Chen, M. (2013). The Devil is in the Detail : Prevention of Diabetic Foot Ulceration in Rural Area is Possible. *Open Journal of Nursing*. Vol.3. No.257-264.
- Leefever, Joyce (2007). *Buku Saku Pemeriksaan Laboratorium Dan Diagnostik Dengan Implikasi Keperawatan*. Ed. 2. Jakarta: EGC.
- Le Faucheur, A., Desvaux, B. N., Bouye, P., Jaquinandi, V., Saumet, J. L., & Abraham, P. (2006). The Physiological Response of Ankle Systolic Blood Pressure and Ankle to Brachial Index After Maximal Exercise In Athletes Is Dependent On Age. *European Journal Of Applied Physiology*, 96 (5), 505-510.
- Lewis, S. L., Dirksen, S. R., Heitkemper, M. M., Bucher, L., & Camera, I. M. (2011). *Medical Surgical Nursing Assessment and Management of Clinical Problems* (8th ed., Vol. 2). St. Louis Missouri: Elsevier Mosby.
- Li, J., Luo, Y., Xu, Y., Yang, J., Zheng, L., Hasimu, B., *et al.*, (2007). Risk Factors Of Peripheral Arterial Disease And Relationship Between Low Ankle–Brachial Index And Mortality From All-Cause And Cardiovascular Disease In Chinese Patients With Type 2 Diabetes. *Circ J*. 71 (3) 377-381.
- Lindstrom J., Peltonen M., Eriksson JG. (2013). Improved Lifestyle And Decreased Diabetes Risk Over 13 Years : Long-Term Follow-Up Ot The Randomised Finnish Diabetes Prevention Study (DPS). *Diabetologia*, 56 (2): 284-293.
- Lorensi, Elny., Ginting, Surita., Johana, Anita. (2015). Pengaruh Senam Kaki Pada Penderita Diabetes Melitus Di Puskesmas Medan Tuntungan Tahun 2015. *Jurnal Ilmiah PANNMED*. Vol. 10 No. 2.
- Mangiwa, I., Katuk, M., Sumarauw, L. (2017). Pengaruh Senam Kaki Diabetes Terhadap Nilai Ankle Brachial Index Pada Pasien Diabetes Melitus Tipe 2 Di Rumah Sakit Pacaran Kasih Gmim Manado. *Ejournal Keperawatan (E-Kp)*. Vol. 5 No. 1, Februari 2017.
- Marks, Dawn B., et al., (2000). *Biokimia Kedokteran Dasar : Sebuah pendekatan Klinis*. Terjemahan: Joko, et al. Jakarta: Penerbit Buku Kedokteran EGC.
- Meleis, A. I. (2011). *Theoretical Nursing: Development and Progress*. 5th Ed. Philadelphia: Lippincott Williams and Wilkins. Hal 1483
- Mellisha (2015). Effectiveness of Buerger Allen Exercise on Lower Extrimity Perfusion and Pain Among Patients With Type 2 Diabetes Melitus. *International Journal of Science and Research*. Vol. 5. Issue 7.
- Misnadiarly. (2006). *Diabetes Melitus: Gangren, Ulcer, Infeksi. Mengenal Gejala, Menanggulangi dan Mencegah Komplikasi*. Jakarta: Pustaka Populer Obor.

- Natalia, N., Hasneli, Y., & Novayelinda, R. (2012). Efektifitas Senam Kaki Diabetik Dengan Tempurung Kelapa Terhadap Tingkat Sensitivitas Kaki Pada Pasien Diabetes Melitus 2. *Jom Unri*, 1–9.
- Niven, N. (2002). *Perilaku Kesehatan Dalam Psikologi Kesehatan*. Edisi Ke-2. Jakarta: EGC. Hal 183-199
- Nursalam. (2008). *Konsep dan Penerapan Metodologi Penelitian Ilmu Keperawatan*. Edisi II. Jakarta: Salemba Medika.
- Nursalam. (2013). *Metodologi Penelitian Ilmu Keperawatan: Pendekatan Praktis*. Ed. 3. Jakarta : Salemba Medika.
- Nussbaumerova, B., Rosolova, H., Ferda, J., Sifalda, P., Sipova, I., & Sefrina, F. (2011). The Ankle Brachial Index In Type 2 Diabetes. *Vnitřní Lekarství*, 57 (3), 299-305.
- Notoatmodjo, S. (2002). *Pendidikan Dan Perilaku Kesehatan*. Edisi 1. Jakarta: Rineka Cipta. Hal 205.
- Osei, D., Brechow, A., Slesaczek, T., Münch, D., Nanning, T., Paetzold, H., *et al.* (2013). Improving Major Amputation Rates In The Multicomplex Diabetic Foot Patient Focus On The Severity Of Peripheral Arterial Disease. *Ther Adv Endo Metab*. Vol. 4 (3) Pg. 83-94.
- Perkumpulan Endokrinologi Indonesia (PERKENI) (2011). *Konsensus pengendalian dan pencegahan diabetes melitus tipe 2 di Indonesia*. Jakarta; PB. PERKENI.
- Perkumpulan Endokrinologi Indonesia (PERKENI) (2015). *Konsensus pengelolaan dan pencegahan diabetes melitus tipe 2 di Indonesia*. Jakarta; PB. PERKENI.
- Picon, P. X., Zanatta, C. M., Gerchman, F., Zelmanovitz, T., Gross, J. L., & Canani, L. H. (2006). Analysis Of The Criteria Used For The Definition Of Metabolic Syndrome In Patients With Type 2 Diabetes Mellitus. *Arquivos Brasileiros De Endocrinologia E Metabologia*, 50 (2), 264-270.
- Price & Wilson (2006). *Patofisiologi Konsep Klinis Proses-Proses Penyakit Vol.1*. Alih Bahasa Brahm U,[et.al.]. Editor bahasa Indonesia Huriawati Hartanto [et.al.]. Edisi VI. Jakarta : EGC.
- Priyanto, S. Sahar, Junaiti & Widyatuti. (2013). Pengaruh Senam Kaki Terhadap Sensitivitas Kaki Dan Kadar Gula Darah Pada Agregat Lansia Diabetes Melitus Di Magelang. *Prosiding Konferensi Nasional PPNI Jawa Tengah 2013*.
- Rahayu, D. U. P., Yulina, Elya, R., Gunawan, R. (2014). Pengaruh Senam Diabetes Terhadap Penurunan Gula Darah Penderita Diabetes Melitus di Puskesmas Rama Indra Kec. Sep. Raman, Lampung Tengah. *Jurnal Kesehatan Holistik*. Vol. 8, No. 41-46

- Riskesdas. (2013). Riset Kesehatan Dasar, Kementerian Kesehatan RI. Diakses pada: 05 April 2016. Dari <http://www.depkes.go.id/resources/download/general/hasil%20riskesdas%202013.pdf>.
- Riyanto, A., Budiman. (2013). *Pengetahuan Dan Sikap Dalam Penelitian Kesehatan*. Jakarta : Salemba Medika Rogus, J. J., Warram, J. H., & Krolewski, A.S. (2002). Genetic Studies Of Late Diabetic Complications: The Overlooked Importance Of Diabetes Duration Before Complication Onset. *Journal of Diabetes*. 51(6), 1655-1662.
- Rosenson, R. S., Fioretto, & Dodson, P. M. (2011). Does Microvascular Disease Predict Macrovascular Events In Type2 Diabetes?. *Atherosclerosis*. 218 (2011) 13– 18.
- Roza, R. L., et al. (2015). Faktor Risiko Terjadinya Ulkus Diabetikum Pada Pasien Diabetes Mellitus Yang Dirawat Jalan Dan Inap Di RSUP Dr. M. Djamil Dan RSI Ibnu Sina Padang. *Jurnal Kesehatan Andalas*: 4 (1).
- Ruben, G., Rottie, J. (2016). Pengaruh Senam Kaki Diabetes Terhadap Perubahan Kadar Gula Darah Pada Pasien Diabetes Melitus Tipe 2 Di Wilayah Kerja Puskesmas Enemwira. *Ejournal Keperawatan (Ekp)*. Vol. 4, No. 1 Mei 2016
- Rusli, G. Rizaniansyah & Farianingsih, S. (2015). Senam Kaki Diabetes Menurunkan Kadar Gula Darah Pasien Diabetes Melitus Tipe 2. *Journals of Ners Community*, Vol 06. No 02. Hal 189-197.
- Salindeho, A., Mulyadi, Rottie, J. (2016). Pengaruh Senam Diabetes Melitus Terhadap Kadar Gula Darah Penderita Diabetes Melitus Tipe 2 Di Sanggar Senam Persadia Di Kabupaten Gorontalo. *Ejournal Keperawatan (Ekp)*. Vol. 4 No. 1 Feb 2016
- Sanchez, A. M. C., Pen~Arrocha, G. A. M., Castanys, B. F. F., Gamez, G.G, & Rubio. (2011). Connective Tissue Reflex Massage For Type 2 Diabetic Patients With Peripheral Arterial Disease: Randomized Controlled Trial. *Evid Based Complement Altern Med*. 804321.
- Sanchez, A. M. C., Pen~Arrocha, G. A. M., Castanys, B. F. F., Sola, C. F., Labraca, N. S., & Lorenzo, C. M. (2013). A Program Of 3 Physical Therapy Modalities Improve Peripheral Arterial Disease In Diabetes Type 2 Patients. *Journal Of Cardiovascular Nursing*. 28, 74-82.
- Sato, S., Masami, K., Otsuki, S., Tanaka, S., Nakayama, N., Makita, S., Nohara, R. (2011). Post Exercise Ankle Brachial Pressure Index Demonstrates Altered Endothelial Function In The Elderly. *Japanese Clinical Medicine*, 2, 21-24. doi: 10.4137/jcm.s7173
- Shai, I. et al. (2006). Ethnicity, Obesity, and Risk of Type 2 Diabetes in Women. *Diabetes Care*. Volume 29 Number 7.

- Sihombing, D., Nursiswati, & Prawesti, A. (2008). Gambaran Perawatan Kaki dan Sensasi Sensorik Kaki Pada Pasien Diabetes Melitus Tipe 2. *Journal Of Student Padjajaran University*, 1-14.
- Sigal, R. J., Kenny, G. P., Boule, N.G. Wells, G. A. Prud home, D., Fortier, P. Jennings, A. & Jaffey, J. (2007). Effects Of Aerobic Training, Resistance Training, Or Both On Glycemic Control In Type 2 Diabetes. *Annals Of Internal Medicine*. 147: 357-369.
- Sigurdardotir, A. K. (2005). Self Care in Diabetes: Model of factors Affecting Self Care. *Journal of Clinical Nursing*. Vol. 14, No. 301-314.
- Singh, N. et al. (2005). Preventing Foot Ulcers in Patient With Diabetes. *JAMA*, 293 (2) : 217-228.
- Smeltzer, S. & Bare, B. (2002). *Buku Ajar Keperawatan Medikal Bedah Brunner & Suddarth*. Volume 2. Edisi 8. Jakarta: EGC.
- Soegondo, S. (2009). *Penatalaksanaan Diabetes Melitus Terpadu*. Ed. 2. Cetakan 7. Jakarta: Balai Penerbit FKUI.
- Stanford, K. & Goodyear, J. (2014). Exercise And Type 2 Diabetes: Molecular Mechanisms Regulating Glucose Uptake In Skeletal Muscle. *Advance In Physiology Education*. 38. Okt 2014. 308-314.
- Subekti. (2005). *Asuhan Keperawatan Keluarga: Konsep Dan Proses*. Malang: Laboratorium Keperawatan Komunitas Prodi Keperawatan. Hal 84.
- Suriya, M. (2016) Pengaruh Senam Kaki Diabetes Melitus Dengan Nilai Abi Pada Pasien Dm Di Puskesmas Andalas Padang. *Prosiding Seminar Nasional Keperawatan : Update Keperawatan Bencana Pengurangan Risiko Bencana*.
- Suyono, S. (2009). *Diabetes Melitus Di Indonesia Dalam Buku Ajar Ilmu Penyakit Dalam*. Jilid III. Edisi V. Jakarta: Balai penerbit FKUI
- Suyono, S., (2011). *Kecenderungan Peningkatan Jumlah Penyandang Diabetes Melitus dalam: Soegondo, S., Soewondo, P., Subekti, I., Editor. Penatalaksanaan Diabetes Melitus Terpadu bagi dokter maupun educator diabetes*. Jakarta: Fakultas Kedokteran Universitas Indonesia
- Tambunan, M. (2007). *Penatalaksanaan Diabetes Mellitus Terpadu*. Jakarta: balai Penerbit FK UI. pp 287-92
- Tan B, Chung-Sien Ng, Lim I. (2015). *Exercise Prescription Guide*. Exercise is Medicine Singapore. Changi General Hospital: Marshall Cavendish Editions.
- Taylor, C., Lillis, C., Lemone, P. (2005). *Fundamental Of Nursing*. (5th). Philadelphia : Lippincott Williams & Wilkins.

- Taylor, S & Renpenning, K. (2011). *Self Care Science, Nursing Theory and Evidence Based Practice*. 1st Edition. New York: Springer Publishing Company, LLC
- Tomey, A.M & Alligood, M.R. (2002). *Nursing Theorists and Their Work*. 4th ad. Missouri : Mosby. Hal 109
- _____. (2006). *Nursing Theorists and Their Work*. 6th ad. Missouri : Mosby. Hal 109
- Tortora GJ, Derrickson B. (2011). *Principles of anatomy and physiology 13th ed*. John Wiley and Sons (Asia) Pte Ltd. Singapore.
- Turan, Y., Ertugrul, B.M., Lipsky, B.A., Bayraktar, K., (2015). Does Physical Therapy And Rehabilitation Improve Outcome For Diabetic Foot Ulcers. *World Journal of Experimental Medicine*. Vol. 5 (2): 130-139.
- Trisnawati, S. K. & Setyorogo, S. (2013). Faktor Risiko Kejadian Diabetes Melitus Tipe Ii Di Puskesmas Kecamatan Cengkareng Jakarta Barat Tahun 2012. *Jurnal Ilmiah Kesehatan*, 5(1); Jan 2013
- Udjianti, W. (2007): Ankle Brachial Pressure Index (ABPI) dan Compression Bandage. Surabaya.
- Vijayarathi. (2016). A Study to Assess The Effectiveness of Buerger-Allen Exercise on Wound Healing Process Among The Diabetic Foot Ulcer Patients. *International Journal of Pharma and Bio sciences*. Vol 7 (3): (B) 1253-1257.
- Vijayarathi & Hemavathy. (2014). Buerger Allen Exercise for Type 2 Diabetes Melitus Foot Ulcer Patients. *Interntional Journal of Innofative Research in Science, Engineering and Technology*. Vol. 3 Issue 12.
- Vowden P, Vowden K (2001): Doppler assessment and ABPI: Interpretation in the management of leg ulceration. www.worldwidewounds/doppler-assessment-and-abpi.htm
- Wahyuni, & Arisfa (2015). Senam Kaki Diabetik Efektif Meningkatkan Ankle Brachial Index Pasien Diabetes Melitus Tipe 2. *Jurnal IPTEK Terapan* 9. Departemen Keperawatan Medikal Bedah Program Studi Ilmu Keperawatan STIKES Fort De Kock Bukittinggi.
- Wahyuni, T. (2013). Ankle Brachial Index (ABI) Sesudah Senam Kaki Diabetes Pada Penderita Diabetes Melitus Tipe 2. *Jurnal Keperawatan UMM*. Vol. 4 No. 2
- Wapadji, S. (2006). *Komplikasi Kronik Diabetes: Mekanisme Terjadinya, Diagnosis dan Strategi Pengelolaan*. Dalam Sudoyo, A. W., ed. Buku Ajar Penyakit Dalam Jilid III. Edisi ke 4. Jakarta : Fakultas Kedokteran Universitas Indonesia.

- Weiss D, Sorescu D, Taylor WR. (2001). Angiotensin II And Atherosclerosis. *The American Journal Of Cardiology*. 87 (8): 25-32.
- Wijaya, A. S. & Putri, Y. M. (2013). *KMB 2 Keperawatan Medikal Bedah: Keperawatan Dewasa Teori dan Contoh Askep*. Cetakan Pertama. P 4-6. Yogyakarta: Nuha Medika.
- Yunita, Alfiyah & Nur, Virgianti. (2014). Pengaruh Senam Kaki Terhadap Peningkatan Sirkulasi Darah Kaki Pada Pasien Diabetes Melitus Di Puskesmas Mantup Kecamatan Mantup Kabupaten Lamongan. *Surya*, Vol 03. No 10.
- Yuwono, P., Khoiriyati, A., Sari, N. K. (2015). Pengaruh Terapi Pijat Refleksi Kaki Terhadap Ankle Brachial Index (Abi) Pada Pasien Diabetes Melitus Tipe 2. *Motorik*. Vo. 10, No. 20 Feb 2015.