Chapter Five

Conclusion and Recommendation

In the last chapter, the researcher elaborates the summary of this research. Divided into two, conclusion and recommendation for the readers.

Conclusion

Bullying is a form of daily activities that many people did not realize when they did it to other people. Bullying can take many forms in physical and non-physical actions. Some of the examples of bullying are like joking, kicking, hitting, pushing, name-calling, cursing, or other aggressive forms that make bullying victims feel like threatened. Furthermore, bullying can happen anytime, anywhere, and to anyone in all situations, but bullying often happened in the educational environment.

On the other hand, bullying cases can happen because of some factors which are individual experience, family characteristics, peers in school or other communities, and the school environment. Most of bullying cases give short-term and long-term impacts for those who got bullied like shy, anxious, poor self-esteem, frustrated, helpless, lonely and other negative impacts. Besides, students who got bullied sometimes perceive that their school as less safe, so it makes them do not want to go to school or if they want to stay at school, then they will have poor academic achievement.

To gain the information about bullying cases in depth, detail and clear, the researcher used qualitative research as a design in this study and apply interview as a method used in this study. This research conducted at PBI, and the participants of this

research were three of PBI students. This research aims to investigate PBI students perception about bullying and the impacts of bullying in the teaching and learning process.

Based on the results of the data obtained by the researcher when conducting interviews, some of students in PBI did bullying action to their classmates. The problems were most of them did not understand the future impacts of bullying for their classmates, and they are thinking that this only for making pleasure and jokes during the learning process. The results of interview revealed that there are some types of bullying occur in PBI such as; direct (verbal) bullying including cheering, laughing, mocking, insinuating, insulting, offensiving, indirect bullying includes disparaging, ignoring. Physical Bullying includes hitting, pinching, verbal bullying like calling names or initial. Cyber bullying includes photo editing to post it in a group chat. Most of students who become bully victims in this research perceive that bullying made them felt sad, broken hearted, intimidated, inferior, depressed, stressed, down, disappointed, and angry. Furthermore, became bullying victims for a long time period made them felt accustomed to this issue, and it made them felt enjoy after being bullied by their classmates. Sometimes in natural ways, they make some strategies to face bullying itself. Some students argued that they can show their patient even they got bullied from their friends, but others argued that they cannot permit it without revenge to bully the bullies.

Bullying occured in the classroom sometimes can interrupt the learning process, because students were busier to bully others and do not pay attention to their learning activities. Students who became bully victims sometimes lost their confident and

motivation during the learning process. By this case, it could lead the students to be shy, lazy and anxious to active in learning process. Most of students who became the participants of this research said that bullying can make them stay in confusing situations. They always feel that being lonely is better than socialize to others but they did not get good responses. As a student who become bully in a long term period, it made students look as socially weak. It means students can lose their opportunity to make a good achievement while working in group because they think that working alone much better than working with people who not appreciate them. Besides, like the finding earlier said that bullying can interferes with the learning process, the participants in this research stated that they got the positive sides of being bullied. They can become more motivated in learning process and it can give good effect for their academic achievement after they got bullied from their classmates. As a student they can be a critical thinking to solve some problems that they faced in learning environment.

Recommendation

This research has some suggestions for students and lecturers at PBI. These recommendations are clearly listed below:

Students. The researcher recommends that students in PBI should learn deeper about bullying. Although, most students even in educational environment have good understanding about the meaning of bullying, they often take action against to their friends and they did not think this action can hurt someone's feeling. Besides, bullying in educational field happen in a long time, and it is not easy to eliminate bullying

because it has become a tradition for many students. As students, when they see their friend being bullied then they should help to reduce bullying. They can give the defense of victims of bullying do not instead to joining bullying. They can tell the institutions where they study or tell to their lecturers about this behaviors, so they can find some solutions to resolve this problem. If they see their friend being bullied, then they can make a report for that action to the police or other legal institutions.

PBI lecturers. The researcher recommends that the lecturers in PBI should give more information and knowledge about bullying and impacts of bullying for students in the teaching and learning process. The information and knowledge from the lectures can be one of the sources for students to find the reason why they cannot bully their classmates. The lecturers are the people who have big effect in educational environment and they have strong relation to the institution. It means they can help the institution to make some roles to reduce bullying behaviors in the institution. They can give punishments for students who did bullying, so it can help students who often become bully victims feel safe and find new motivation to follow the learning process.