

DAFTAR PUSTAKA

- Aubrecht, T. G., Weil, Z. M., Magalang, U. J., & Nelson, R. J. (2013). Dim light at night interacts with intermittent hypoxia to alter cognitive and affective responses. *American Journal of Physiology*, 78-86.
- Azwar, S. (2007). *Sikap Manusia: Teori dan Pengukurannya*, edisi kedua, cetakan X. Yogyakarta: Pustaka Belajar.
- Bahar, E. (1995). *Stres dan kesehatan, seminar hipertensi, dan stres serta penatalaksanaannya*. RSUP Palembang.
- Banoe, P. (2003). *Kamus Musik*. Yogyakarta: Kanisius.
- Behrman, Kliegman, & Arvin. (1996). *Ilmu Kesehatan Anak Nelson Vol. 1*. Jakarta: EGC.
- Campbell, D. (2001). *Efek Mozart*. Jakarta: Gramedia Pustaka Utama.
- Campbell, D. (2002). *Efek Mozart bagi Anak-Anak Meeningkatkan Daya Pikir, Kesehatan dan Kreativitas Anak Melalui Musik*. Jakarta: Gramedia Pustaka Utama.
- Carter, R., & Lubinsky, J. (2015). *Rehabilitation Research: Principles and Applications Fifth Edition*. Missouri: Elsevier Inc.
- Christiani, Retnowati, S., & Purnamaningsih, E. H. (2000). Hubungan Persepsi Tentang Menopause dengan Tingkat Kecemasan pada Wanita yang Menghadapi Menopause. *Jurnal Psikologi No.2*, 96-100.
- Christiansen, D. M. (2015). Examining Sex and Gender Differences in Anxiety Disorders. *A fresh look at anxiety disorders*, 17-49.
- Collingwood, J. (2015). The Power of Music to Reduce Stress. *Psych Central*, 1-3.
- Djohan. (2006). *Terapi Musik: Teori dan Aplikasi*. Yogyakarta: Galangpress .
- Goldenberg, M. A., Floyd, A. H., & Moyer, A. (2013). No ENO Effect of a Brief Music Intervention on Test Anxiety and Exam Scores in College Undergraduates. *Journal of Articles in Support of the Null Hypothesis Vol. 10, No. 1*, 1-16.
- Goodwin, R. D., & Stein, D. J. (2013). Anxiety Disorders and Drug Dependence: Evidence on sequence and specificity among adults. *Psychiatry and Clinical Neurosciences*, 167-173.

- Gunarsa, S., & Gunarsa, N. (2008). *Psikologi Keperawatan*. Jakarta: PT. BPK Gunung Mulia.
- Joke, B., & Cheryl, D. (2009). Music for Stress and Anxiety Reduction in Coronary Heart Disease Patients(Review). *Cochrane Database of Systematic Reviews, Issue 2*.
- Kaplan, & Sadock. (2010). *Buku Ajar Psikiatri Klinis*. Jakarta: EGC.
- Katz, C., Stein, M. B., & Sareen, J. (2013). Anxiety Disorders in the DSM-5: New Rules on Diagnosis and Treatment. *Mood and Anxiety Disorders Round*, 1-4.
- Lee, S. (2011). The Effects of Music on Student Psychology.
- Mahmudah, D. R. (2013). The Effect of Mozart Music in Reducing Anxiety of English Speaking in Public. *Exposure Journal Vol. 2 No.1*, 21-29.
- Michael, T., Zetsche, U., & Margraf, J. (2007). Epidemiology of anxiety disorders. *Epidemiology and Psychopharmacology*, 136-142.
- Moekroni, R., & Analia. (2016). Pengaruh Pemberian Terapi Musik Klasik dalam Menurunkan Tingkat Kecemasan Ibu Hamil Menjelang Persalinan. *Majority Vol.5 No.1*, 6-11.
- Moore, D. (2013). *The Mozart Effect*. North Carolina: Lulu Press, Inc.
- Narendra, M. B. (2002). *Tumbuh Kembang Anak dan remaja*. Jakarta: PT. Sagung Seto.
- Oktavia, N. S., Gandamiharja, S., & Akbar, I. B. (2013). Perbandingan Efek Musik Klasik Mozart dan Musik Tradisional Gamelan Jawa terhadap Pengurangan Nyeri Persalinan Kala I Fase Aktif pada Nulipara. *MKB Vol.45*, 218-225.
- Pauwels, E., Volterrani, D., Mariani, G., & Kostkiewics, M. (2014). Mozart, Music, and medicine. *Medical Principles and Practice* 23, 403-412.
- Peretz, I., & Zatorre, R. (2005). Brain organization for music processing. *Annual Reviews Psychology Vol. 56*, 89-114.
- Rastogi, R., & Silver, E. (2014). Association of Music with Stress, Test Anxiety, and Test Grades Among High School Students. *Journal of Young Investigators*, 32-38.
- Reena, M. (2015). Psychological Changes During Puberty-Adolescent School Girls. *Universal Journal of Psychology*, 65-68.
- Riskesdas. (2013). *Riset Kesehatan Dasar*. Jakarta: BPPK Kemenkes RI.

- Sadideen, H., Parikh , A., Dobbs, T., Pay, A., & Critchley, P. (2012). Is There a Role for Music in Reducing Anxiety in Plastic Surgery Minor Operations? *Ann R Coll Surg Engl* 2012; 94, 1-3.
- Santrock, J. W. (2003). *Adolescence Perkembangan Remaja*. Jakarta: Erlangga.
- Schafer, T., Sedlmeier, P., Stadtler, C., & Huron, D. (2013). The psychological functions of music listening. *Frontiers in Psychology*, 1-33.
- Semiun, Y. (2006). *Teori Kepribadian dan Terapi Psikoanalitik Freud*. Yogyakarta: Kanisius.
- Sharma, S., Bradley, B., Lott, A. P., & Ressler, K. (2015). Gene x Environment Determinants of Stress and Anxiety-Related Disorders. *Annual Review of Psychology*, 1-24.
- Sracic, M. K., Thomas, D., Pate, A., Norris, J., Norman, M., & Gertsch, J. H. (2014). Syndrome of Acute Anxiety Among Marines After Recent Arrival at High Altitude. *Military Medicine*, 559-564.
- Steele, A. (2015). *Psychological Effects of Hearing Loss in Teens*. MastersinPsychologyGuide.com.
- Su, Y.-N., Hsu, C.-C., Liu, C.-J., Huang, Y.-M., & Jeng, Y.-L. (2013). The Effect of the Mozart Music on Learning Anxiety and Reading Comprehension on Chinese Storybook Reading. *The 21st International Conference on Computers in Education* (hal. 399-403). Bali: Uhamka Press.
- Sugiyono. (2009). *Metode Kuantitatif, Kualitatif, dan R&D*. Bandung: Alfabeta.
- Suryana, D. (2012). *Terapi Musik*. Jakarta: Wsite.
- Swarjana, I. K. (2012). *Metodologi Penelitian Kesehatan*. Yogyakarta: ANDI .
- Thoma, M. V., Zemp, M., Kreienbuhl, L., Hofer , D., Schmidlin, P. R., Attin, T., et al. (2015). Effects of Music Listening on Pre-Treatment Anxiety and Stress Levels in a Dental Hygiene Recall Population.
- Thomas, M., Marca, R., Bronnimann, R., Finkel, L., Ehlert, U., & Nater, U. (2013). The Effect of Music on the Human Stress Response. *PLOS ONE* Vol. 8, 1-12.
- Torpy, J. M. (2011, February 2). *General Anxiety Disorder*. Dipetik 4 30, 2016, dari <http://jama.jamanetwork.com: http://jama.jamanetwork.com/article.aspx?articleid=645425>
- Wang, W.-C. (2014). A study of the type and characteristics of relaxing music for college students. *Proceedings of Meetings on Acoustics* Vol. 21, 1-17.