

DAFTAR PUSTAKA

- Adachi, Y. (2005). Behaviour Therapy for Obesity. *JMAJ*, 539-544.
- Ahmadi. (2003). *Sikap yang Tercermin dari Perilaku*. Jakarta: Rineka Cipta .
- Alhadi, H. A., Patrick, C., & S, L. J. (2014). Evaluation of the impact of a psycho-educational intervention on knowledge levels and psychological outcomes for people diagnosed with Schizophrenia and their caregivers in Jordan: a randomized controlled trial. *BMC Psychiatry*, 14-17.
- Ali, Z. H. (2009). *Pengantar Keperawatan Keluarga*. Jakarta: Buku Kedokteran: EGC.
- Alicia Lucksted, W. M. (2012). RECENT DEVELOPMENTS IN FAMILY PSYCHOEDUCATION AS AN EVIDENCE-BASED PRACTICE. *Journal of Marital & Family Therapy*, 101-121.
- Alliance, F. C. (2001). *Selected Caregiver Statistics (Fact Sheet)*. San Francisco: CA: Author.
- Allo, B., Syam, A., & Virani, D. (2013). *HUBUNGAN ANTARA PENGETAHUAN DAN KEBLASAAN KONSUMSI FAST FOOD DENGAN KEJADIAN GIZI LEBIH PADA SISWA SEKOLAH DASAR NEGERI SUDIRMAN I MAKASSAR*. Makassar .
- Ambari, P. K. (2010). *Hubungan Antara Dukungan Keluarga Dengan Keberfungsian Sosial Pada Pasien Skizorenia Pasca Perawatan Di Rumah Sakit*. Semarang.
- Anderson, G. J., & Hensrud, D. D. (2007). Obesity. Dalam M. Robert E. Rakel, *Textbook of Family Medicine* (hal. Chapter 47 Pages 1075). Philadelphia: Saunder Elsevier.
- Anonim. (2013, March). *Obesity and overweight*. Dipetik April 4, 2014, dari WHO : <http://www.who.int/mediacentre/factsheets/fs311/en/>
- Anthony N. Fabricatore, T. A. (2006, April). Obesity. hal. 357-377.
- Antipatis, V. J., & Gill, T. P. (2001). Obesity as a Global Problem. Dalam P. Bjorntorp, *International Textbook of Obesity* (hal. 1). UK: Rowett Research Institute.
- Arikunto, S. (2008). *Penelitian Tindakan Kelas*. Jakarta: Bumi Angkasa.

- Asra, Y. K. (2013). Efektivitas Psikoedukasi Pada Orangtua Dalam Meningkatkan Pengetahuan Seksualitas Remaja Retardasi Mental Ringan. *Jurnal Psikologi*
- Azwar, S. (2009). *Sikap Manusia Teori dan Pengukurannya edisi 2*. Yogyakarta : Pustaka Pelajar.
- Bachtiar A., M. S. (2008). Hubungan Tingkat Pengetahuan Agama Islam dengan Sikap Perilaku Seks Remaja di Madrasah Aliyah Negeri III Malang. *Jurnal Kesehatan Volume 6/no.1/2008* , 23-32.
- Barasi, M. E. (2009). *At a Glance Ilmu Gizi*. Jakarta: Erlangga.
- Barlow, D. H., & Durand, V. M. (2007). *Abnormal Psychology an Integrative Approach*. Stamford, USA: Cengage Learning.
- Baron, & Byrne. (2004). *Psikologi sosial (jilid 1, edisi 10)*. Jakarta: Erlangga.
- Bäuml, J., Frobose, T., & Kraemer, S. (2006). Psychoeducation: A Basic Psychotherapeutic Intervention for Patients With Schizophrenia and Their Families. *Oxford Journal* .
- Birkedvet, G., Florholmen, J., Sunsfjord, J., Osterud, B., Dinges, D., Bilker, W., et al. (1999). Behavioral and neuroendocrine characteristics of the night-eating syndrome (abstract). *JAMA* , 657-663.
- Bordbar, M. F. (2010). Psychoeducation for Bipolar Mood Disorder. *Clinical, Research, Treatment Approaches to Affective Disorders* .
- Brown AS, D. E. (2010). Prenatal infection and schizophrenia: a review of epidemiologic and translational studies. *Am J Psychiatry* , 167(3):261-80.
- Brown, & Nina, W. (2011). *Psychoeducational Groups 3rd Edition*. New York: Routledge Taylor & Francis Grou.
- Buchanan, R., & Carpenter, W. (2005). *Concept of Schizophrenia in Kaplan&Sadock (ed) Comprehensive Textbook in Psychiatry*. New York: Lippincott William & Wilkins.
- C.Guyton, A., & Hall, J. E. (2007). *Textbook of Medical Physiology*. Jakarta: EGC.
- Chan, S. W. (2011). Global Perspective of Burden of Family Caregivers for Persons with Scizophrenia. *elsevier* , 339-349.
- Chan, S., & Yu, I. W. (2004). The quality of life of clients with schizophrenia. *Journal of Advanced Nursing* , 72-83.

- Chan, S., Yip, B., Tso, S., Cheng, B., & W.Tam. (2009). Evaluation of a psychoeducation program for Chinese clients with schizophrenia and their family caregivers. *Patient Education and Counseling* , 75, 67–76.
- Corcoran, C., Walker, E., Huot, R., Vijay Mittal, K. T., Kestler, L., & Malaspina, D. (2003). The stress cascade and schizophrenia: etiology and onset. *oxford journal* .
- Dahlan, M. S. (2010). *Besar Sampel dan Cara Pengambilan Sampel dalam penelitian Kedokteran dan Kesehatan*. Jakarta: Salemba Medika.
- Dasar, R. K. (2013). *Pedoman Pewawancara Petugas Pengumpul Data*. Jakarta: Badan Litbangkes.
- DeBate, D., R., Topping, M., & Sargent, R. G. (2001). Racial and Gender Differences in Weight Status and Dietary Practices among College Students. *Adolescence* 36(144) , 819.
- Demjaha, A., Murray, R. M., McGuire, P. K., Kapur, S., & Howes, O. D. (2012). Dopamine Synthesis Capacity in Patients With Treatment-Resistant Schizophrenia. *The American Journal of Psychiatry* , 169:1203-1210.
- Devaux, M., Sassi, F., Church, J., Cecchini, M., & Borgonovi, F. (2011). Exploring the Relationship Between Education and Obesity. *OECD Journal: Economic Studies* .
- Eva Cyhlarova, A. M. (2010). Economic Burden of Mental Illness Can not be Tackled Without Research Investment. *The Mental Health Foundation* , 3 - 10.
- Ferrari, A. J., Norman, R. E., Greg, F., Baxter, A. J., & Pirkis, J. E. (2014). The Burden Attributable to Mental and Substance Use Disorders as Risk Factors for Suicide: Findings from the Global Burden of Disease Study 2010. *journal.pone.0091936* .
- Festy, P. (2010). Peran Keluarga dalam Pelaksanaan Rehabilitasi Medik pada Pasien Stroke. *Universitas Muhammadiyah Surabaya* .
- Fitch A, Everling L, Fox C, Goldberg J, Heim C, Johnson K, Kaufman T, Kennedy E, Kestenbaun C, Lano M, Leslie D, Newell T, O'Connor P, Slusarek B, Spaniol A, Stovitz S, Webb B. (2013). *Prevention and Management of Obesity for Adults*. Institue for Clinical System Improvement.
- Frankenburg, F. R. (2014, 03 17). Schizophrenia. Boston, Germany.
- Friedman, H. S. (2008). *Kepribadian Teori Klasik dan Riset Modern Jilid 2*. Jakarta: Erlangga.

- Friedman, M. M. (2002). *Keperawatan Keluarga Teori dan Praktek*. Jakarta: EGC.
- Garaulet, M., & Heredia, F. P. (2010). Behavioural therapy in the treatment of obesity (II): role of the Mediterranean diet. *Nutricion Hospitalaria* .
- Gearing, R. E. (2008). Evidence-Based Family Psychoeducational Interventions for Children and Adolescents with Psychotic Disorders. *NCBI* , 2-11.
- Ghozali, I. (2011). *Aplikasi Analisis Multivariate dengan Program SPSS*. Semarang: BP Universitas Diponegoro.
- Hamdy, O. (2014, April 7). *Obesity*. Dipetik April 14, 2014, dari Medscape: <http://emedicine.medscape.com/article/123702-overview#aw2aab6b2b2aa>
- Hamdy, O. (2005). The role of adipose tissue as an endocrine gland (abstract). *Curr Diab Rep.* , 317-319.
- Harvey, C., & O'Hanlon, B. (2013). Family Psycho-education for people with schizophrenia and other psychotic disorders and their families. *Australian and New Zealand Journal of Psychiatry* , 516-520.
- Hasan, A. A., Callaghan, P., & Lymn, J. S. (2014). Evaluation of the impact of a psycho-educational intervention on knowledge levels and psychological outcomes for people diagnosed with Schizophrenia and their caregivers in Jordan: a randomized controlled trial. *BMJ Psychiatri* , 14-17.
- Hayes, L. (2013). Family Psychoeducation for the Treatment of Psychosis. *Australian Psychological Society* .
- Health, W. F. (2010). *Caring for the caregiver: Why your mental health matters when you are caring for others*. Woodbridge VA.
- Ircham, M. d. (2005). *Metode Penelitian*. Yogyakarta: Fitramaya.
- Ircham, M. (2005). *Metode Penelitian*. Yogyakarta: Fitramaya.
- Isbayuputra, M. (2009). *Prevalens Obesitas pada Anak Taman Kanak-Kanak di Kelurahan Cikini, Kecamatan Menteng, DKI Jakarta, dan Hubungannya dengan Faktor Tingkat Pendidikan Orang Tua*. Jakarta.
- Isnaini, Sartono, A., & Winaryati, E. (2012). Hubungan Pengetahuan Obesitas dengan Rasio Lingkar Pinggang Panggul pada Ibu Rumah Tangga di Desa Pepe Krajan Kecamatan Tegowanu Kabupaten Grobogan. *JURNAL GIZI UNIVERSITAS MUHAMMADIYAH SEMARANG* , Volume 1 Nomer 1.
- Iswarawanti, D. N. (2010). **KADER POSYANDU: PERANAN DAN TANTANGAN PEMBERDAYAANNYA DALAM USAHA**

PENINGKATAN GIZI ANAK DI INDONESIA. *Jurnal Manajemen Pelayanan Kesehatan* .

- Jake Morris, Mariella Marzano, Norman Dandy, Liz O'Brien. (2012). *Theories and Models of Behaviour and Behaviour Change*. Forest Research.
- Jelinic, J., Nola, I., & Mathanic, D. (2008). Living or Away from home-Impact on Students Eating Habits. *Materia Socio Medica* , 204- 8.
- Johnson, R. (2010). *Keperawatan keluarga*. Jogjakarta: Nuha Medika.
- Josef Bauml, I. T.-W. (2006). Psychoeducation: A Basic Psychotherapeutic Intervention for Patients With Schizophrenia and Their Families. *Oxford Journals* .
- Ketterer, C., Heni, M., Thamer, C., Schafer, S. H., Haring, H., & Fritsche, A. (2011). Acute-Short term hyperinsulinemia increases olfactory threshold in healthy subjects (Abstract). *Int J Obes (Lond)* , 1135-1138.
- Kulhara P, C. S. (2009). Psychoeducational intervention for caregivers of Indian patients with schizophrenia: a randomized controlled trial . *Acta Psychiatr Scand* .
- Kushner, R. F. (2012). Evaluation and Management Obesity. Dalam D. L. Longo, D. L. Kasper, J. L. Jameson, A. S. Fauci, S. L. Hauser, & J. Loscalzo, *Harrison's Principles of Internal Medicine* (hal. 629). Mc Graw Hills Companies.
- Lasebikan, V. O., & Ayinde, O. O. (2013). Family Burden in Caregivers of Schizophrenia Patients: Prevalence and Socio-demographic Correlates. *Indian Journal Psychiatry* , 60-66.
- Lasebikan, V. O., & Ayinde, O. O. (2013). Family Burden in Caregivers of Schizophrenia Patients: Prevalence and Socio-demographic Correlates. *NCBI* , 35(1): 60-66.
- Lasebikan, V. O., & Ayinde, O. O. (2013). Family Burden in Caregivers of Schizophrenia Patients: Prevalence and Socio-demographic Correlates. *Indian Journal Psy* , 35(1): 60-66.
- Latipun, N. (2005). *Kesehatan Mental, Konsep dan Penerapan*. Jakarta: EGC.
- Lee, S. L. (2003). Caregiving and risk of coronary heart disease in U.S. women: A prospective study. *American Journal of Preventive Medicine* , 113-119.
- Lestari, S. (2012). *Psikologi Keluarga: Penanaman Nilai dan Penanganan Konflik dalam Keluarga*. Jakarta: Prenada Media Group.

- Lieb, W., Sullivan, L. M., Harris, T. B., Roubenov, R., Benjamin, E. J., Levi, D., et al. (2009). Plasma Leptin Levels and Incidence of Heart Failure, Cardiovascular Disease, and Total Mortality in Elderly Individuals. *Diabetes Care* , 612.
- Lorenza Magliano, A. F.-C. (2005). Effectiveness of a psychoeducational intervention for families of patients with schizophrenia: preliminary results of a study funded by the European Commission. *World Psychiatry* , 45–49.
- Lukens, Ellen, McFarlane, & William. (2004). Psychoeducation as Evidence-Based Practice: Consideration for Practice, Research, and Policy. *Journal Brief Treatment and Crisis Intervention Volume 4* .
- Lysaker, P. H., Dimaggio, G., Buck, K. D., & Callaway, S. S. (2011). Poor insight in schizophrenia: links between different forms of metacognition with awareness of symptoms, treatment need, and consequences of illness. *Elsevier* , 253-260.
- M.-S. Ran, C. L.-W.-M.-T.-Z. (2015). The effectiveness of psychoeducational family intervention for patients with schizophrenia in a 14-year follow-up study in a Chinese rural area. *Cambridge Journals* , 2197-2204.
- Maslim, R. (2003). *Buku saku Diagnosis gangguan Jiwa Rujukan Ringkas dari PPDGJ-III*. Jakarta: PT Nuh jaya.
- Monks, F., Knoers, A., & Haditono, S. (2004). *Psikologi Perkembangan: Pengantar dalam Berbagai Bagiannya*. Yogyakarta: Gadjah Mada University Press.
- Murray, P., Read, A., Banerjee, I., Whatmore, A., Pritchard, L., Davies, R., et al. (2011). Reduced appetite and body mass index with delayed puberty in a mother and son: association with a rare novel sequence variant in the leptin gene (abstract). *Eur J Endocrinol* , 521-527.
- Murti, B. (2010). *Desain dan Ukuran Sampel untuk Penelitian Kuantitatif dan Kualitatif di Bidang Kesehatan*. Yogyakarta: UGM Press.
- Mustopa, N. (2003). *Studi tentang Gaya Hidup Pola Konsumsi Pangan dan Status Gizi Mahasiswa Universitas Pakuan*. Bogor: Institut Pertanian Bogor.
- Nasr T, K. R. (2009). Psychoeducation and the family burden in schizophrenia: a randomized controlled trial. *Ann Gen Psychiat* .
- National Obesity Observatory. (2011). Knowledge and attitudes towards healthy eating and physical activity. *NHS* .
- National Obesity Observatory. (2010). Threatening Adults Obesity Through lifestyle change modification. *NHS* .

- Notoadmojo, S. (2003). *Pendidikan dan Perilaku Kesehatan*. Jakarta: Rineka Cipta.
- Notoadmojo, S. (2005). *Promosi Kesehatan dan Ilmu Perilaku*. Jakarta: Rineka Cipta.
- Notoadmojo, S. (2007). *Promosi Kesehatan dan Ilmu Perilaku*. Jakarta: Rineka Cipta.
- Nursalam. (2008). *Konsep dan Penerapan Metodologi Penelitian Ilmu Keperawatan*. Jakarta: Salemba Medika .
- Nursalam. (2008). *Konsep dan Penerapan Metodologi Penelitian Ilmu Keperawatan*. Jakarta: Salemba Medika.
- Ozberak, C. (2010). *The Social Factors of College Lifestyle that may Cause Weight Gain in Undergraduate Students*.
- Perlick, D. A. (2006). Components and Correlates of Family Burden in Schizophrenia. *PSYCHIATRIC SERVICES* , 1117 - 1125.
- Pettman, T. L., Misan, G. M., Owen, K., Warren, K., Coates, A. M., Buckley, J. D., et al. (2008). Self-management for obesity and cardio-metabolic fitness: Description and evaluation of the lifestyle modification program of randomised control trial. *International Journal Behavioral Nutrition and Physical Activity* .
- Phujiyanti, Y. (2004). *Identifikasi Gaya Hidup dan Kebiasaan Makan Mahasiswa IPB*. Bogor: IPB.
- PR, L., HM, K., S, M., & KS, P. (2003). *Williams Textbook of Endocrinology*. Philadelphia: WB Saunders.
- Racette, S. B., Deusinger, S. S., Strube, M. J., Highstein, G. R., & Deusinger, R. H. (2005). Weight Changes, Exercise, and Dietary Patterns During Freshman and Sophomore Years of College. *Journal of American College Health* 53 , 245- 51.
- Reem Suliman Albassam, Ensaf S, Latifa Khanam. (2007). Weight Management Practices and their Relationship to Knowledge, Perception and Health Status of Saudi Females Attending Diet Clinics in Riyadh City. *Egypt Public Health Assoc* , Vol.82.
- Reine, G., C, L., C, S. M., & Duplan S.Auquier, P. (2003). Caregiver burden in relatives of persons with schizophrenia: An overview of measure instruments. *Encephale* , 29(2), 137-147.
- RI, B. P. (2013). *Riset Kesehatan Dasar 2013*. Jakarta.

- RI, D. (2011). *Panduan Umum Pemberdayaan Masyarakat di Bidang Kesehatan Jiwa*. Jakarta: Direktorat Jenderal Bina Kesehatan Masyarakat.
- RI, K. K. (2002). *Pedoman Umum TIM PEMBINA, TIM PENGARAH, TIM PELAKSANA Kesehatan Jiwa Masyarakat*. Jakarta.
- Riyanto, A. (2011). *Aplikasi Metodologi Penelitian Kesehatan*. Yogyakarta: Nuha Medika.
- Rollnick S, M. W. (2008). *Motivational Interviewing in Health Care : Helping Patients Change Behaviour*. New York: The Guilford Press.
- S.Flier, J., & Maratos-Flier, E. (2008). Biology of obesity. Dalam G. W.Thorn, *Harrison's Principles of Internal Medicine* (hal. 462). Mc Graw Hill Companies.
- Sadock, B. J., & Sadock, V. A. (2004). *Buku Ajar Psikiatri Klinis*. Jakarta: Buku Kedokteran EGC.
- Sani, F. N. (2011). Hubungan Tingkat Pengetahuan Sehat - Sakit dengan Sikap Mahasiswa Universitas Muhammadiyah Surakarta Tentang Perilaku Hidup Bersih dan Sehat. *KESMADASKA* .
- Saufika, A., Retnaningsih, & Alfiasari. (2012). Gaya Hidup dan Kebiasaan Makan Mahasiswa. *Jur. Ilm. Kel. & Kons.* , 157- 65.
- Schoepf D, U. H. (2014). Physical comorbidity and its relevance on mortality in schizophrenia: a naturalistic 12-year follow-up in general hospital admissions. *Medline* , 3-28.
- Serena Low, M. C.-Y. (2009). Review on Epidemic of Obesity. *Annals Academy of Medicine* , Vol. 38 No.I.
- Sin J, N. I. (2013). Psychoeducational interventions for family members of people with schizophrenia: a mixed-method systematic review. *J Clin Psychiatry* , 45-62.
- Sop, M., Gouado, I., Tettanye, E., & Zollo, A. (2010). Nutritional Status, Food Habits, and Energy Profile of Cameroon University Students. *African Journal of Food Science* , 748- 53.
- Stuart, G., & Laraia, M. (2005). *Principles and Practice of Psychiatric Nursing 8th edition*. St. Louis: Mosby Year B.
- Sugondo, S. (2009). Obesitas. Dalam A. W.Sudoyo, *Ilmu Penyakit Dalam Jilid III* (hal. 1973). Jakarta: Fakultas Kedokteran Universitas Indonesia.

- Suhardjo. (1989). *Sosio Budaya Gizi*. Bogor: Departemen Pendidikan dan Kebudayaan; Dirjen Pendidikan Tinggi Pusat Antar Universitas Pangan dan Gizi; IPB.
- Suprajitno. (2004). *Asuhan Keperawatan Keluarga: Aplikasi dalam praktik*. Jakarta: EGC.
- Taylor, S. E. (2006). *Social psychology, 12th Ed.* . Upper Saddle River, NJ: Prentice Hall .
- Thara, R., Padmavati, R., A.Lakshmi, & Karpagavalli, P. (2005). Family education in schizophrenia: A comparison of two approaches. *Indian Journal psychiatry* , 218-221.
- Trisnantoro, L. (2011). Tenaga Kerja Kesehatan dalam Usaha Penurunan MDG4 dan MDG5: Sebuah Potret dan Harapan Aksi Segera. *Jurnal Manajemen Pelayanan Kesehatan* .
- Utami, K. A. (2012). *SKIZOFRENIA dan GANGGUAN SKIZOAFEKTIF*. Surakarta: Fakultas Kedokteran UNS.
- Wadden, T. A., Webb, V. L., Moran, C. H., & Bailer, B. A. (2012). Lifestyle Modification for Obesity: New Developments in Diet, Physical Activity, and Behavior Therapy. *Circulation* .
- Wai Tong Chien, P. R. (2010). The Schizophrenia Care Management Program for Family Caregivers of Chinese Patients With Schizophrenia. *Psychiatric Services* , 61:317–320.
- Walsh, J. (2010). *Psycheducation In Mental Health*. Chicago: Lyceum Books, Inc.
- Wargahadibrata, A. H. (2007). *Panduan Diet ala Rasulullah* . Jakarta: Qultum Media.
- Wawan, A., & Dewi, M. (2010). *Teori dan Pengukuran Pengetahuan, Sikap, dan Perilaku Manusia* . Jakarta: Nuha Medika.
- Wendy Chow, S. L. (2010). Multi-Family Psycho-Education Group for Assertive Community Treatment Clients and Families of Culturally Diverse Background: A Pilot Study. *Community Ment Health J* , 46:364–371.
- WHO. (2013). *Mental Health Action Plan*. Geneva: WHO Document Production Services.
- WHO. (2008). *Waist Circumference and Waist–Hip Ratio : Report of WHO Expert Consultation*. Geneva: WHO.
- Wiludjeng. (2005). *Pendidikan dan Perilaku Kesehatan*. Jakarta: Rineka Cipta.

- Wolff, P. C. (1996). Public education for community care. A new approach. *Br J Psychiatry* , 168:441-7.
- Yip, S. (2000). Have psychiatric services in Hong Kong been impacted by the deinstitutionalization and community care movements? . *Administration and Policy of Mental Health* , 27, 443-449.