

Sapna. (2015). Hubungan Dukungan Instrumental dan Penghargaan Keluarga Terhadap Pemanfaatan Posyandu Lansia di Ngebel

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### INTISARI

**Latar Belakang:** Jumlah lansia setiap tahunnya semakin meningkat menyebabkan timbulnya berbagai masalah terutama masalah kesehatan dan kesejahteraan lansia. Pemerintah telah mengadakan program Posyandu lansia tujuannya untuk meningkatkan/mempertahankan derajat kesehatan lansia. Dukungan keluarga merupakan salah satu faktor yang mempengaruhi pemanfaatan posyandu. Dukungan penghargaan, salah satu dukungan keluarga dapat meningkatkan status psikososial lansia, peningkatan semangat, motivasi dan peningkatan harga diri lansia diharapkan dapat mempengaruhi kunjungan lansia ke posyandu lansia. Studi pendahuluan diketahui bahwa yang berperan dalam mengingatkan lansia untuk datang ke Posyandu adalah kader.

**Tujuan Penelitian:** Untuk mengetahui apakah ada hubungan antara dukungan instrumental, penghargaan keluarga terhadap pemanfaatan Posyandu lansia di Ngebel.

**Metode Penelitian:** Penelitian ini merupakan penelitian deskriptif korelasi dengan metode non-eksperimental dengan pendekatan studi *cross sectional*. Sampel diambil dengan teknik simple random sampling yang dilakukan bulan Mei-Juni 2015 dengan total sampel 50 orang.

**Hasil Penelitian:** Didapatkan hasil bahwa hubungan dukungan instrumental terhadap pemanfaatan posyandu lansia adalah  $p \text{ value}=0,909$  dan hubungan dukungan penghargaan terhadap pemanfaatan posyandu lansia adalah  $p \text{ value}=0,683$ .

**Kesimpulan:** dapat disimpulkan bahwa tidak ada hubungan antara dukungan instrumental serta penghargaan keluarga terhadap pemanfaatan posyandu lansia.

**Kata Kunci:** *Dukungan instrumental, Dukungan Penghargaan, Pemanfaatan posyandu lansia.*

**Sapna.** (2015). *The Relationship Between The Instrumental and Award Supports With Elderly Posyandu Utilization in Ngebel.*

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### **ABSTRACT**

**Background:** *The number of elderly that keeps on increasing could cause many problems surfaced especially elderly health problems and elderly welfare. The government was already held the Elderly Posyandu programs aimed for increasing or protecting the health degree of the elderly. Family support is one of the factors that could influence Elderly Posyandu utilization. Award support, one of the family supports that could increase elderly psychosocial status, increase on spirit, motivation and increase on elderly pride that were expected to influence the elderly visitation to the Elderly Posyandu. Pre study showed that cadre had important role in reminding the elderly to visit the Posyandu.*

**Objective:** *To know whether there was relationship between the instrumental and award supports with Elderly Posyandu or not.*

**Methodology:** *This study was descriptive correlation with non-experimental methods that used cross sectional approach. The sample picked by simple random sampling technique that was already done on May-June 2015 with a total of 50 people.*

**Result:***The result showed the relationship between the instrumental support with elderly posyandu utilization was p value=0,909 and the relationship between award support with elderly utilization was p value=0,683.*

**Conclusion:***It can be concluded that there was no relationship between the instrumental and award supports with Elderly Posyandu utilization in Ngebel.*

**Keywords:** *instrumental supports, award support, elderly posyandu utilization.*