

BAB V

KESIMPULAN DAN SARAN

A. Kesimpulan

Pemberian terapi latihan jalan cepat dan terapi tiroksin pada tikus hipotiroid kongenital terhadap memori spasialnya menghasilkan kesimpulan :

1. Latihan jalan cepat memiliki kecenderungan untuk memperbaiki memori spasial tikus hipotiroid kongenital.
2. Terapi tiroksin memperbaiki memori spasial tikus hipotiroid kongenital.

B. Saran

1. Perlu kandang yang sesuai standar untuk meminimalisir tertukarnya tikus antar kelompok.
2. Perlu memperhitungkan waktu untuk latihan.
3. Perlu penelitian lebih lanjut untuk mengetahui efek latihan jalan cepat terhadap memori spasial pada tikus hipotiroid kongenital.

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